



IAAF World Cross Country Championships Aarhus, DEN 2019

Preliminary Team

No	Name & Surname	Age Category/Event	Province
1	Realebogo SEOPENSENGWE	Junior Men 8km	CGA
2	Maxime CHAUMETON	Junior Men 8km	CGA
3	Robert DE VILLIERS	Junior Men 8km	ACNW
4	Tumi LEPHOTHO	Junior Men 8km	CGA
5	Joshua PHOLOANA	Junior Men 8km	AFS
R	Ngconde MATWEBU	Junior Men 8km	AFS
1	Precious MASHELE	Senior Men 10km	CGA
2	Rantso MOKOPANE	Senior Men 10km	ACNW
3	Pakiso MTHEMBU	Senior Men 10km	AFS
4	Ryan MPHAAHLELE	Senior Men 10km	CGA
5	Kabelo SEBOKO	Senior Men 10km	CGA
6	Thabang MOSIAKO	Senior Men 10km	ACNW
R	Puseletso MOFOKENG	Senior Men 10km	ACNW
1	Carmie PRINSLOO	Junior Women 6km	AGN
2	Gene COETZEE	Junior Women 6km	CGA
3	Danielle VERSTER	Junior Women 6km	ACNW
4	Cara DU PREEZ	Junior Women 6km	ACNW
5	Prudence SEKGODISO	Junior Women 6km	AGN
R	Nicole LOUW	Junior Women 6km	BOLA
1	Kesa MOLOTSANE	Women 10km	AFS
2	Dominique SCOTT	Women 10km	WPA
3	Janet MBHELE	Women 10km	KZNA
4	Aynslee VAN GRAAN	Women 10km	AGN
R	Glenrose XABA	Women 10km	AGN

Disclaimer

From the ASA Office e-mail: ceo@athleticssa.net. For more information: ASA website www.athletics.org.za

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