

- 2.4 Athletes who obtain any of the first 3 positions in the final must report at the CALL ROOM to the officials in charge of the medal presentation.
- 2.5 Triple Jump Events - The following take-off will be used during these championships.
 GIRLS 15, 17 = 9m Take-off Board
 GIRLS 19 = 11m Take-off Board
 BOYS 15 = 9m Take-off Board
 BOYS 17 = 11m Take-off Board
 BOYS 19 = 13m Take-off Board
- 2.6 **RACE WALK EVENTS - PIT LANE** (Decision taken at SASA AGM, 11 Nov 2017)
- The Rule 230 (Race Walking) will be applied as from 2018.
 - To use the pit-lane:
 - After an athlete received 3 Red Cards, he/she must receive a communication from the Chief Judge or his Assistant showing him a paddle - with the time penalty on both sides.
 - Applicable to items 5 000 m and longer.
 - The following penalty times shall apply:
 - Races up to and including 5 000 m (5 km): 30 seconds
 - Races longer than 5 000 m and up to 10 000 m (10 km): 60 seconds
 - Races longer than 10 000 m up to and including 20 000 m (20 km): 2 minutes
 - Races longer than 20 000 m up to and including 30 000 m (30 km): 3 minutes
 - Races longer than 30 000 m up to and including 40 000 m (40 km): 4 minutes
 - Races longer than 40 000 m up to and including 50 000 m (50 km): 5 minutes
 - It is compulsory at IAAF level events but optional at lower level. Time penalties are decided by IAAF but can be changed by Org. Committee Rule 100.
 - He/she must immediately stop in the penalty area at the first opportunity
 - The time penalty starts immediately as the athlete enters the Pit Lane.
 - Athlete shall be shown an appropriate card notifying him when 10 seconds remain on the penalty after which the official in charge shall allow the athlete to re-enter the event.
 - The athlete is not judged in the Penalty Area.
 - If the athlete, then receives any additional Red Card(s) (from the judges who had not previously sent him one), he shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
 - An Athlete who fails to enter the Pit lane when required to do so, or does not remain in the allocated time frame, shall be disqualified by the Chief Judge.
 - If athlete receives the third Red Card at the late stage of the race and it is not possible for the Chief Judge or assistant to notify the athlete that he must stop in the penalty area, the athlete shall finish the race - the penalty time shall be added to his official time.
 - The Chief Judge maintains the power to immediately disqualify the athlete in the last 100 m of a race (no time penalty).
- 2.7 The two years disparity rule applies for this competition and will be according to the ASA Rules and Technical Standards.
- 2.8 All athletes taking part in the Sprints, Hurdles and Relays must use starting blocks which will be provided at the start.

2.9 **Quarter-Finals, Semi-Finals and Finals will take place in accordance with Rule 141.**

2.9.1 **Quarter-Finals in Sprints and Hurdles (4 heats)**

- (a) 4 Heats: First 3 in each heat plus 4 fastest times = 16 (8 lanes)
 First 4 in each heat plus 2 fastest times = 18 (10 lanes)

2.9.2 **Semi-finals in Sprints and Hurdles**

- (a) First 3 in each Semi-final plus 2 fastest times will participate in the finals.

2.9.3 **Semi-Finals in Middle Distances - 800m, 1200m and 1500m**

- (a) 2 Heats: First 6 in each heat.
- (b) A maximum of 12 athletes per final.

All middle distance races events will be started from the curve except for the 800m which will be a staggering start.

2.9.4 **Semi-Final in Field events according to ASA (Rule 180)**

Competition Rules for Semi-Final in Field events at the Gauteng Championships:

- The computer will divide all athletes into 2 groups
- The first 6 in each heat will qualify for the final.

- In Shot-put and Long Jump events, 3 attempts will be allowed and the 8 best performers will proceed to the next 3 attempts.
- In Discus and Javelin events, 3 attempts will be allowed and the 8 best performers will qualify for the Finals

2.10 STARTING RULE (IAAF 162.7)

- (a) [From 1 January 2010] Except in Combined Events, any athlete responsible for a false start shall be disqualified.
- (b) Seeding: Draws and Qualifications in Track Events according to ASA Rule 166.
- (c) All athletes taking part in the Sprints, Hurdles and Relays must use starting blocks.

2.11 ENTRY RULES

- (a) All competitors must be Bona Fide Primary School Learner, with a minimum age of 14 years and maximum of 19 years in the year of competition.
- (b) An athlete may participate in a maximum of 3 (three) events.
- (c) Athletes may only take part in the age group that correspond with the year of birth.
- (d) Athletes will not be allowed to compete in two different age groups.
- (e) A District may enter a Maximum of 2 athletes per event.

2.12 PROTEST/APPEAL: (ANNEXURE E)

Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of the event.

Any protest shall, in the first instance be made to the referee either by the athlete himself or by the Team Manager. If no consensus is reached, an Appeal may be lodged to the Jury of Appeal in writing, signed by the Team Manager on behalf of the athlete and must be accompanied by a deposit of R 250.00 before the appeal is heard. The deposit will be forfeited if the protest is considered to be frivolous.

2.13 ASA Rules

ASA Rules will be applied, unless amended by SASA.

3. PRELIMINARY PROGRAMME

A copy of the preliminary programme is included. The official programme will be provided at the Team Managers meeting on 06 March 2020

4. Medals ceremonies

Athletes who qualify for medals must report at the Call Room (Ceremony Assembly Area) at least 10 minutes prior to the starting times of awards ceremonies.