

**PROGRAM**

Performance Scores: ABSA\_2007 table, Electronic Time, Height above sea=1600

Seq	Time	Pit	Event	Next	Spec
1	13:00		Final Girls 15 5km Walk		
1	13:00		Final Women 25 5km Walk (Women Senior 5K walk)		
1	13:00		Final Girls 17 5km Walk		
1	13:00		Final Girls 19 5km Walk		
1	13:00		Final Boys 15 5km Walk		
1	13:00		Final Men 25 5km Walk (Men Senior 5km walk)		
1	13:00		Final Boys 17 5km Walk		
1	13:00		Final Boys 19 5km Walk		
2	13:30		Final Women 25 3000m (Women Senior 3000m)		
2	13:30		Final Girls 17 3000m		
2	13:30		Final Girls 19 3000m		
3	13:45		Final Boys 15 3000m		
3	13:45		Final Boys 17 3000m		
4	13:50		Final Girls 15 300m Hurdles		76.2cm
5	13:55		Final Boys 15 300m Hurdles		84cm
6	14:00		Final Women 25 10000m (Women Senior 10000m)		
6	14:00		Final Girls 19 10000m		
7	14:45		Final Men 25 10000m (Men Senior 10000m)		
7	14:45		Final Boys 19 10000m		
8	15:30		Final Girls 15 200m		
9	15:40		Final Girls 17 200m		
10	15:50		Final Girls 19 200m		
11	15:55		Final Women 25 200m (Women Senior 200m)		
12	16:00		Final Boys 15 200m		
13	16:10		Final Boys 17 200m		
14	16:20		Final Boys 19 200m		
15	16:25		Final Men 25 200m (Men Senior 200m)		
16	16:35		Final Girls 15 400m		
17	16:45		Final Girls 17 400m		
18	16:55		Final Girls 19 400m		
19	17:05		Final Women 25 400m (Women Senior 400m)		
20	17:15		Final Boys 15 400m		
21	17:25		Final Boys 17 400m		
22	17:30		Final Boys 19 400m		
23	17:40		Final Men 25 400m (Men Senior 400m)		
<b>Field Events</b>					
24	13:00	A	Final Girls 15 HighJump		
24	13:00	A	Final Women 25 HighJump (Women Senior HighJump)		
24	13:00	A	Final Girls 17 HighJump		
24	13:00	A	Final Girls 19 HighJump		
25	13:00	A	Final Boys 15 LongJump		
25	13:00	A	Final Men 25 LongJump (Men Senior LongJump)		
25	13:00	A	Final Boys 17 LongJump		
25	13:00	A	Final Boys 19 LongJump		
26	13:00	A	Final Boys 15 Discus		1kg
26	13:00	A	Final Boys 17 Discus		1.5kg



27	14:00	A	Final Girls 15 LongJump	
27	14:00	A	Final Women 25 LongJump	
27	14:00	A	Final Girls 17 LongJump	
27	14:00	A	Final Girls 19 LongJump	
28	14:00	A	Final Girls 15 Discus	1kg
28	14:00	A	Final Women 25 Discus	
28	14:00	A	Final Girls 17 Discus	1kg
28	14:00	A	Final Girls 19 Discus	1kg
29	14:00	A	Final Boys 15 Shotput	4kg
29	14:00	A	Final Boys 17 Shotput	5kg
30	15:00	A	Final Boys 15 HighJump	
30	15:00	A	Final Men 25 HighJump (Men Senior HighJump)	
30	15:00	A	Final Boys 17 HighJump	
30	15:00	A	Final Boys 19 HighJump	
31	15:00	A	Final Boys 15 Javelin	600g
31	15:00	A	Final Boys 17 Javelin	700g
32	15:00	A	Final Girls 15 TripleJump	
32	15:00	A	Final Girls 17 TripleJump	
33	15:30	A	Final Women 25 TripleJump	
33	15:30	A	Final Girls 19 TripleJump	
34	15:00	A	Final Men 25 Discus (Men Senior Discus)	
34	15:00	A	Final Boys 19 Discus	1.75kg
35	15:00	A	Final Girls 15 Shotput	3kg
35	15:00	A	Final Women 25 Shotput	
35	15:00	A	Final Girls 17 Shotput	3kg
35	15:00	A	Final Girls 19 Shotput	4kg
36	16:00	A	Final Boys 15 TripleJump	
36	16:00	A	Final Boys 17 TripleJump	
37	16:30	A	Final Men 25 TripleJump (Men Senior TripleJump)	
37	16:30	A	Final Boys 19 TripleJump	
38	16:00	A	Final Men 25 Shotput (Men Senior Shotput)	
38	16:00	A	Final Boys 19 Shotput	6kg
39	16:00	A	Final Girls 15 Javelin	500g
39	16:00	A	Final Women 25 Javelin	
39	16:00	A	Final Girls 17 Javelin	500g
39	16:00	A	Final Girls 19 Javelin	600g
40	17:00	A	Final Men 25 Javelin (Men Senior Javelin)	
40	17:00	A	Final Boys 19 Javelin	800g
41	17:00	A	Final Girls 15 Hammer	3kg
41	17:00	A	Final Girls 17 Hammer	3kg
41	17:00	A	Final Girls 19 Hammer	4kg
41	17:00	A	Final Women 25 Hammer	
41	17:00	A	Final Boys 15 Hammer	4kg
41	17:00	A	Final Men 25 Hammer (Men Senior Hammer)	
41	17:00	A	Final Boys 17 Hammer	5kg
41	17:00	A	Final Boys 19 Hammer	6kg