

**PROGRAM**

Performance Scores: ABSA\_2007 table, Hand time, Height above sea=0

Seq	Time	Pit	Event	Next	Spec
1	12:00		Final Girls 15 1500m SteepleChase		
2	12:05		Final Boys 15 1500m SteepleChase		
3	12:15		Final Girls 17 2000m SteepleChase		
4	12:25		Final Boys 17 2000m SteepleChase		
5	12:35		Final Girls 19 3000m SteepleChase		
6	12:45		Final Boys 19 3000m SteepleChase		
7	12:55		Final Women 25 3000m SteepleChase		
8	13:05		Final Men 25 3000m SteepleChase		
9	13:15		Final Girls 15 5km Walk		
9	13:15		Final Women 25 5km Walk (5km Senior Women)		
9	13:15		Final Girls 17 5km Walk		
9	13:15		Final Girls 19 5km Walk		
9	13:15		Final Boys 15 5km Walk		
9	13:15		Final Men 25 5km Walk (5km Senior Men)		
9	13:15		Final Boys 17 5km Walk		
9	13:15		Final Boys 19 5km Walk		
10	13:45		Final Girls 15 3000m		
10	13:45		Final Girls 17 3000m		
11	13:55		Final Women 25 3000m (3000m Senior Women)		
11	13:55		Final Girls 19 3000m		
12	14:05		Final Boys 15 3000m		
12	14:05		Final Boys 17 3000m		
13	14:15		Final Men 25 3000m		
13	14:15		Final Boys 19 3000m		
14	14:25		Final Girls 15 300m Hurdles		76.2cm
15	14:27		Final Boys 15 300m Hurdles		84cm
16	14:30		Final Women 25 10000m (10000m Senior Women)		
16	14:30		Final Boys 19 10000m		
17	15:10		Final Men 25 10000m (10000m Senior Men)		
18	15:45		Final Girls 15 200m		
19	15:50		Final Girls 17 200m		
20	15:55		Final Girls 19 200m		
21	16:00		Final Women 25 200m (200m Senior Women)		
22	16:05		Final Women 60 200m (200m Master Women)		
23	16:10		Final Boys 15 200m		
24	16:15		Final Boys 17 200m		
25	16:20		Final Boys 19 200m		
26	16:25		Final Men 25 200m (200m Senior Men)		
27	16:30		Final Men 60 200m (200m Master Men)		
28	16:35		Final Girls 15 400m		
29	16:45		Final Girls 17 400m		
30	16:55		Final Girls 19 400m		
31	17:05		Final Women 25 400m (400m Senior Women)		
32	17:15		Final Boys 15 400m		
33	17:25		Final Boys 17 400m		
34	17:30		Final Boys 19 400m		



35 17:40 Final Men 25 400m (400m Senior Men)

36 16:05 Final Men 50 400m (400m Master Men)

## FIELD EVENTS START

38 13:00 A Final Girls 15 HighJump

38 13:00 A Final Women 25 HighJump (HighJump Senior Women)

38 13:00 A Final Girls 17 HighJump

38 13:00 A Final Girls 19 HighJump

39 13:00 B Final Boys 15 LongJump

39 13:00 A Final Men 25 LongJump (LongJump Senior Men)

39 13:00 B Final Boys 17 LongJump

39 13:00 A Final Boys 19 LongJump

40 13:00 A Final Boys 15 Discus

1kg

40 13:00 A Final Boys 17 Discus

1.5kg

41 14:00 B Final Girls 15 LongJump

41 14:00 A Final Women 25 LongJump (LongJump Senior Women)

41 14:00 B Final Girls 17 LongJump

41 14:00 A Final Girls 19 LongJump

41 17:00 A Final Girls 15 Hammer

3kg

41 17:00 A Final Girls 17 Hammer

3kg

41 17:00 A Final Girls 19 Hammer

4kg

42 14:00 A Final Girls 15 Discus

1kg

42 14:00 A Final Women 25 Discus (Discus Senior Women)

42 14:00 A Final Girls 17 Discus

1kg

42 14:00 A Final Girls 19 Discus

1kg

43 14:00 A Final Boys 15 Shotput

4kg

43 14:00 A Final Boys 17 Shotput

5kg

44 15:00 A Final Boys 15 HighJump

44 15:00 A Final Boys 17 HighJump

44 15:00 A Final Boys 19 HighJump

45 15:00 A Final Boys 15 Javelin

600g

45 15:00 A Final Boys 17 Javelin

700g

46 15:00 A Final Girls 15 TripleJump

46 15:30 A Final Women 25 TripleJump (TripleJump Senior Women)

46 15:00 A Final Girls 17 TripleJump

46 15:30 A Final Girls 19 TripleJump

47 15:00 A Final Men 25 Discus (Discus Senior Men)

47 15:00 A Final Boys 19 Discus

1.75kg

48 15:00 A Final Girls 15 Shotput

3kg

48 15:00 A Final Girls 17 Shotput

3kg

48 15:00 A Final Girls 19 Shotput

4kg

48 15:00 A Final Women 25 Shotput (Shotput Senior Women)

49 16:00 A Final Boys 15 TripleJump

49 16:00 A Final Boys 17 TripleJump

50 16:30 A Final Men 25 TripleJump (TripleJump Senior Men)

50 16:30 A Final Boys 19 TripleJump

51 16:00 A Final Men 25 Shotput (Shotput Senior Men)

51 16:00 A Final Boys 19 Shotput

6kg

52 15:00 A Final Men 25 HighJump (HighJump Senior Men)

52 16:00 A Final Girls 15 Javelin

500g

CENTRAL GAUTENG  
ATHLETICS

52	16:00	A	Final Girls 17 Javelin	500g
53	16:00	A	Final Women 25 Javelin (Javelin Senior Women)	
53	16:00	A	Final Girls 19 Javelin	600g
54	17:00	A	Final Men 25 Javelin (Javelin Senior Men)	
54	17:00	A	Final Boys 19 Javelin	800g