

SOUTH AFRICA SCHOOLS ATHLETICS
NATIONAL PRIMARY SCHOOLS & M.I.D.
TRACK & FIELD CHAMPIONSHIPS
COMPETITION MANUAL



GERMISTON ATHLETICS STADIUM
GERMISTON
GAUTENG PROVINCE
14 - 16 MARCH 2019

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2019.

SECTION A

1. DATE: FRIDAY & SATURDAY: 15 & 16 MARCH 2019.
2. VENUE: GERMISTON ATHLETICS STADIUM, GERMISTON
3. AGE GROUPS: CATEGORY, AGE GROUP AND ACTUAL AGE IN 2019.

CATEGORY	AGE GROUP	YEAR OF BIRTH
Primary Youth	13	Born in 2006 (13 years of age in the year of 1 Jan 2019 - 31 Dec 2019)
Primary Youth	12-13 M.I.D	Born in 2006/7 (12/13 years of age in the year of 1 Jan 2019 - 31 Dec 2019)
Primary Youth	12	Born in 2007 (12 years of age in the year of 1 Jan 2019 - 31 Dec 2019)
Sub Primary Youth	11	Born in 2008 (11 years of age in the year of 1 Jan 2019 - 31 Dec 2019)
Sub Primary Youth	10	Born in 2009 (10 years of age in the year of 1 Jan 2019 - 31 Dec 2019)

(M.I.D. = Mentally Intellectually Disabled)

4. CONTINGENT PER PROVINCE

4.1 PROVINCE

- The maximum number of athletes per Province is stipulated in section Nr 6, p 3.

4.2 ACCOMPANYING OFFICIALS – ALLOCATION – MAIN STREAM

ALLOCATION: (Average – One Official for every 15 athletes – Maximum 13 Officials)

ATHLETES

TEAM OFFICIALS

80	-	6 (1 General Manager + 2 Managers + 2 Coaches + 1 LSEN Manager)
90	-	7 (1 General Manager + 2 Managers + 3 Coaches + 1 LSEN Manager)
110	-	8 (1 General Manager + 2 Managers + 4 Coaches + 1 LSEN Manager)
120	-	9 (1 General Manager + 2 Managers + 5 Coaches + 1 LSEN Manager)
180	-	13 (1 General Manager + 2 Managers + 9 Coaches + 1 LSEN Manager)
200	-	13 (1 General Manager + 2 Managers + 9 Coaches + 1 LSEN Manager)
220 and more-		13 (1 General Manager + 2 Managers + 9 Coaches + 1 LSEN Manager)

- **One (1)** Provincial Athletics Chairperson
- **Six (6)** Qualified Technical Officials/Province (Sharing Track & Field) (M.I.D Included)

4.3 ACCOMPANYING OFFICIALS – ALLOCATION – M.I.D. (MMH & DEAF)

ALLOCATION: (Average – One Official for every 10 athletes – Maximum 3 Officials)

ATHLETES

TEAM OFFICIALS

24	-	3 (1 Manager + 2 Coaches)
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4.4 TECHNICAL OFFICIALS

The names of Technical Officials should be filled in on the accompanying form and send back by the specific date.

Maximum 6 Technical Officials from each Province. (See page 17 and complete).

- The rest of the Technical Officials, will be from the Hosting Province.

5. REGISTRATION OF TEAMS (Please note the Date of Registration & Proceedings)

The General Manager/Delegate must report for REGISTRATION of their teams on Thursday, 14 March 2019 between 09:30 and 15:00 at the Germiston Athletics Stadium, Germiston, Gauteng.

This Transport & Accommodation is for each Province account.

Scrutiny and Age Verification will be done at this meeting – Bring the File with Athletes Info with you!

Verification of Team Entries and Withdrawals will be dealt with, as well as all checks!! (Withdrawals and replacements can be done during this time).

6. PARTICIPATING TEAMS & MAXIMUM NUMBER OF ATHLETES ALLOWED

PROVINCE	Maximum number of athletes. MAIN STREAM	Maximum number of athletes. M.I.D.	MAXIMUM 1506 Participants
1. EASTERN CAPE PROV.	140	24 (12B + 12G)	
2. FREE STATE PROV.	180	24 (12B + 12G)	
3. GAUTENG PROV.	220	24 (12B + 12G)	
4. KWA ZULU NATAL PROV.	90	24 (12B + 12G)	
5. LIMPOPO PROV	110	24 (12B + 12G)	
6. MPUMALANGA PROV	120	24 (12B + 12G)	
7. NORTH WEST PROV.	150	24 (12B + 12G)	
8. NORTHERN CAPE PROV.	80	24 (12B + 12G)	
9. WESTERN CAPE PROV.	200	24 (12B + 12G)	
TOTAL	1290	216	

NB - Only Provincial Teams take part and no individual athletes will be allowed.

7. NUMBERS

SASA will provide the competition numbers and pins. Numbers must be pinned (according to the IAAF/ASA rules) at the front and back of the competition vest. In the case of High Jump an athlete can have only one number at the front. Separate numbers will be provided for relays – four numbers per team.

8. LOGISTICS

Accommodation, Transport, Clothing and Food for the Journey is for the account of each Province.

Provinces are requested to bring their own TENTS or CAZEBO's for shelter.

9. ASSIZING OF IMPLEMENTS

Implements for the Throws (First day of the competition) must be handed in for asizing purposes on Thursday, 14 March 2019, between 12:00 and 15:00 at the asizing room.

10. ENTRANCE FEES FOR SPECTATORS

- ADULTS - R 30.00 per person
- LEARNERS - R 15.00 per learner
- VEHICLES - R 20.00 per vehicle

11. TEAM ENTRIES

CLOSING DATE: WEDNESDAY, 06 MARCH 2019 - 24:00

Names of athletes must be entered in alphabetical order in the space provided on the entry form. Complete entries on the official entry form and email to **Me. Manda du Preez.** Ensure that a copy of the entry form is forwarded to **Mr. Dawid Pieterse** at **dawid.pieterse@gauteng.gov.za**

Best Time/Distance/Height recorded by the athlete for the 2018/19 season **must** be entered in the appropriate block which will also serve as indicator in which heat the athlete will participate in. (Lane draw purposes).

Penalties will be charged on late registration and submission of names, as decided at the 2014 SASA Annual General Meeting. The penalty for late registration of teams are R 500,00 per day and/or part thereof.

DIRECT ALL ENTRIES TO: PRIMARY SCHOOLS TRACK & FIELD

Manda du Preez & Dawid Pieterse

Mrs. Manda du Preez (Bloemfontein)

Email: manda@psif.co.za

Cell: 082 200 9474

Tel: (051) 522 8166 (w) Fax: (086) 655 3842

Mr: Dawid Pieterse (Johannesburg)

E-Mail: dawid.pieterse@gauteng.gov.za

Cell: 082 676 6576

Tel: (011) 693 2972 (w) Fax: (086) 500 5224

Please verify your submission after you have forwarded it to the above !

12. VERIFICATION OF BIRTH

The SASA Executive been mandated at a General Council Meeting (AGM) held on 9 November 2018, to implement as from 2019 the **NEW Athlete Identity Verification Form**. It is compulsory for all athletes to present this document at the National Schools Championship as certified document for identity clarification to participate. **(Please take note that NO athlete will be allowed to participate if this document cannot be presented before the championship started.)**

The new form must be completed in full. All details regarding the athlete, his/her original ID colour photo (NOT OLDER THAN 6 MONTHS**) must be placed on the form with the certified photocopy of Birth certificate/ I.D. document/ Passport/ Smart Card.**

Very important: Birth Certificate/ Passport (All athletes younger than 16)

PLEASE NOTE:

The Principal / Deputy Principal/ SAPS qualified as Commissioner of Oath and **must** be certify the photocopy certificate on this template as a true copy **and** put School Stamp (**NOT OLDER THAN 6 MONTHS**) **partly over** the I.D. photo **and** partly over photocopied certificate. *School Stamp must indicate the date.*

NB: The General Manager of each Province must have a list of all Athletes with the relevant information stating the date of birth of each athlete. The list must be verified and duly approved and signed-off by the Provincial Structure.

All Team Managers must, however, verify their athletes who finish among the top 3 (three) in an event, before the medals are awarded.

Any Team Manager, failing to comply with this arrangement, will forfeit the athlete's medal. Provinces will be held responsible if an athlete is entered in the wrong age division.

13. MEETING FOR TEAM MANAGERS AND OFFICIALS

13.1 A meeting for Team Managers and Technical Officials will be held on Thursday, 14 March 2019 at the registration venue between 15:00 and 17:00.

Only withdrawals (accompanied by a medical certificate) will be allowed at this meeting

(Replacement or Changes will be allowed with the Deadline at 15:00).

15H00 = Team Managers Meeting; Team Managers & Event Management.

16H00 = Technical Monitoring Meeting; for Event Managers, Referees & Technical Officials.

13.2 **Competition Day 1:** Technical Officials – One hour before start of the competition.
Team Managers - 10:00 and 16:00

Competition Day 2: Technical Officials – One hour before start of the competition.
Team Managers - 09:30 and 12:00

13.3 It is of vital importance that all General Managers and Officials attend these meetings.

13.4 General Managers and Assistants as well as Technical Officials attending the various meetings should make use of private transport and attend the meetings as required – They should not depend on the Team Bus for transport.

14. SURFACE OF TRACK

All running and certain field events will take place on a tartan surface.

- Track, Long- & Triple Jump = 7mm (Maximum length of Spikes)
- High Jump & Javelin = 9mm (Maximum length of Spikes).

15. QUALIFYING STANDARDS

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Appendix-B, Page 13

16. OFFICIAL OPENING – (Compulsory for all Teams).

The official opening at the Stadium will be held on Thursday, 14 March 2019 at 17:30.

16H45 = Parade Assembly & March Pass **(All athletes and Team Officials will take part)**

17H30 = Start of the Opening Ceremony; Maximum 1 Hour !

Banners for the Provincial Teams for this occasion will be provided by the Organizers.
All Athletes, Team Managers & Coaches will take part in the Parade & March Pass.
General Managers are requested to ensure that their teams remain for the full duration of the opening ceremony

17. TECHNICAL OFFICIALS

Officials must be dressed in **Black Bottoms & White Tops** for officiating. If sponsored Tops are provided the officials must be dressed in the provided shirts.

All Officials are requested to report 60 minutes prior to the start of the meeting on Thursday, Friday and Saturday.

The 8 Provinces- will provide 6 Technical Officials = **Total 48.**

The Hosting Province will provide the remaining **72** Technical Officials. = **Total 120.**

A list with the serving Technical Officials will be circulated to all Provinces at least 7 days before the start of the event.

Indemnity by Technical Officials

All Technical Officials must sign the required Indemnity Form, as approved by ASA, before they can go on the Track or Field to render their services.

18. MEDALS & TROPHIES

Championship Medals will be awarded to the first three (3) athletes in the finals.

A Trophy will be awarded to the Best Performer in every section as indicated – Track Girls, Track Boys, Field Girls and Field Boys.

Please see the Time Slots for the Medal Presentation on the competition programme. These athletes must assemble 30 minutes before the time of presentations as scheduled.

All Team Managers must, however, verify their athletes who finish among the top three (three) in an event, before the medals are awarded.

Any Team Manager failing to comply with this arrangement will forfeit the athlete's medal. (Provinces will be held responsible if an athlete is entered in the wrong age division.)

(This planning may change if the organizers find it necessary to do so)

SECTION B

1. GENERAL RULES

- 1.1 No littering within the grounds will be allowed.
- 1.2 Respect officials - poor behaviour etc. can result in suspension.
- 1.3 No alcohol or glass bottles will be allowed at the stadium.**
- 1.4 Team Managers and Coaches are responsible for the good conduct and behaviour of their own athletes. Disciplinary action will be taken against any defaulting Province.
- 1.5 Athletes will not be allowed to compete in any event if in the opinion of the officials, he/she is not suitably attired.
- 1.6 First Aid will be provided at the stadium in the case of injuries or emergencies.
- 1.7 A medical doctor will be on standby. The cost of treatment by this doctor will be for the account of the athlete or his/her province. Provinces are requested to provide their own physiotherapist for their team's own general purposes.
- 1.8 Athletes who belong to a medical scheme must bring their membership cards in case of a serious injury.
- 1.9 Doping tests will be done randomly during the championships.
- 1.10 Implements for the throwing events must be given in on registration for ASIZING. The implement will be returned to the athlete at the start of the event.
- 1.11 No person, except officials, will be allowed within the arena. The same apply to athletes who are not participating. Only Team Managers may enter the competition area to launch a protest.

2. RULES FOR THE COMPETITION

- 2.1 Athletes must report to the officials at the warming up area at least 30 minutes before the event commences to be escorted to the track.
- 2.2 Athletes must leave the arena immediately after they have completed their event.
- 2.3 Track athletes must remain in their lanes after completing their event. Track judges will take them to the recording table.
- 2.4 Athletes who obtain any of the first 3 positions in the final must report to the officials in charge of the medal presentation.

2.5 Heats, Semi-Finals and Finals will take place in accordance with Rule141.

2.5.1 Heats in Sprints, Hurdles and the Relay (2 heats)

2 Heats: NO SEMI-FINALS (Finals only)

2.5.2 Heats in Sprints (3-6 heats)

(a) To Semi-final (No quarter finals).

(b) 3 Heats: First 4 in each heat plus 4 fastest times = 16 (8 lanes)
First 5 in each heat plus 5 fastest times = 20 (10 lanes)

- (c) 4 Heats: First 3 in each heat plus 4 fastest times = 16 (8 lanes)
First 4 in each heat plus 4 fastest times = 20 (10 lanes)
- (d) 5 Heats: First 2 in each heat plus 6 fastest times = 16 (8 lanes)
First 3 in each heat plus 5 fastest times = 20 (10 lanes)
- (e) 6 Heats: First 2 in each heat plus 4 fastest times = 16 (8 lanes)
First 2 in each heat plus 8 fastest times = 20 (10 lanes).

2.5.3 To Finals

- 2 Semi-Finals: First 3 in each semi plus 2 fastest times = 8 (8 lanes)
First 4 in each semi plus 2 fastest times = 10 (10 lanes)

2.5.4 Heats in Hurdles and Relays (4-5 heats)

- (a) To finals (no semi-finals)
- (b) 2 Heats: First 3 in each heat plus 2 fastest times = 8 (8 lanes)
First 4 in each heat plus 2 fastest times = 10 (10 lanes)
- (c) 3 Heats: First 2 in each heat plus 2 fastest times = 8 (8 lanes)
First 3 in each heat plus 1 fastest time = 10 (10 lanes)
- (d) 4 Heats: First 1 in each heat plus 4 fastest times = 8 (8 lanes)
First 1 in each heat plus 6 fastest times = 10 (10 lanes)
- (e) 5 Heats: First 1 in each heat plus 3 fastest times = 8 (8 lanes)
First 1 in each heat plus 5 fastest times = 10 (10 lanes)

2.5.5 Semi-finals in Sprints,

- (a) First 3 in each Semi-final plus 2 fastest times = 8 (8 lanes)
First 3 in each Semi-final plus 4 fastest times = 10 (10 lanes)

2.5.6 Middle Distances - 800m, 1200m and 1500m

- (a) No Semi-finals will be run – Only heats and finals.
- (b) 2 Heats: First 8 in each heat.
- (c) 3 Heats: First 5 in each heat.
- (d) A maximum of 16 athletes per final.

Middle distance races, 800, 1200m events will be started in lanes.

2.5.7 Field events:

There shall be no elimination rounds in the field events.

2.6 STARTING RULE (IAAF Rule 162.7 – As amended)

- (a) Provision is made to allow for **ONE false start** in all running events.
- (b) All athletes taking part in the Sprints, Hurdles and Relays must use starting blocks. Starting Blocks will be provided at the start.

2.7 ENTRY RULES

- (a) All competitors must be Bona Fide School Learners, with a minimum age of 10 years and maximum of 13 years in the year of competition.
- (b) An athlete may participate in a maximum of 3 (three) events plus one relay.
- (c) Athletes may only take part in the age group that correspond with the year of birth. (Age 10 – Born in 2009; Age 11 – Born in 2008; Age 12 – Born in 2007; Age 13 – Born in 2006).
- (d) Athletes will not be allowed to compete in two different age groups.
- (e) SASA Transformation is being addressed in terms of quota.
A minimum of 40% from the previous Disadvantaged in all SASA Teams on all levels of competition, with specific emphases to Girls Athletes. **At least 1 athlete per Event & Age Group must be from the previous disadvantaged community.**
Primary Schools Athletics Quota System: A maximum of 2 athletes per event on merit and must qualify; At least 1 athlete per event must be from the previous disadvantaged community which can be the 3th athlete in the event (no qualifying standard needed). A maximum of 3 athletes per event per Province inclusive of the Disadvantaged athlete. In case of 2 or 3 athletes per event, 1(one) of them must be from the previous Disadvantaged Community.
Provinces must not exceed the Maximum Number of athletes as in Page No 3, Paragraph No. 6
- (f) All athletes must comply with the minimum qualifying standards for the Competition, except the Disadvantaged, 3rd Athlete.
- (g) It is recommended that 40% of all athletes be entered in Field events.

2.8 **PROTEST / APPEALS:** Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of the event. Any protest shall, in the first instance be made to the referee either by the athlete himself or by the Team Manager. If no consensus is reached, an Appeal may be lodged to the Jury of Appeal in writing, signed by the Team Manager on behalf of the athlete and must be accompanied by a deposit of **R 300.00** before the appeal is heard. The deposit will be forfeited if the protest is frivolous.

2.9 COMPETITION RULES:

ASA Rules will be applied, unless amended by SASA.

3. TRACK & FIELD PROGRAMME

A copy of the preliminary programme is included. The official programme will be provided at the Team Managers' meeting on Thursday, 14 March 2019.

See attached programme - Pages 21-25!!

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD 2019

Age Groups SASA T&F Championships: 10, 11, 12, 13 + 12/13 LSEN / Boys & Girls

EVENT	BOYS/ Age						GIRLS/ Age				
	10	11	12	13	12/13 LSEN		10	11	12	13	12/13 LSEN
80 m	x	x				—	x	x			
100 m	x	x	x	x	x	—	x	x	x	x	x
150 m			x			—			x		
200 m				x	x	—				x	x
800 m				x		—				x	
1,200 m	x	x	x			—	x	x	x		
1,500 m				x	x	—				x	x
70 mH	x	x				—	x	x			
75 mH			x			—			x	x	
80 mH				x		—					
150 mH			x			—			x		
200 mH				x		—				x	
Shot-put	x	x	x	x	x	—	x	x	x	x	x
Discus			x	x		—			x	x	
High Jump	x	x	x	x	x	—	x	x	x	x	x
Long Jump	x	x	x	x	x	—	x	x	x	x	x
Javelin			x	x		—			x	x	
Race Walk 1500m				x		—				x	
Relay 4 x 100m	x	x	x	x	x	—	x	x	x	x	x
	8	8	11	13	7		8	8	11	13	7

S.A. SCHOOLS ATHLETICS - PRIMARY SCHOOLS TRACK & FIELD

- Approved Heights and Weights of Implements - 2019.
- Age Groups for the SASA T&F Championships = 10, 11, 12, 13 + 12/13 M.I.D. Boys & Girls.

EVENT	BOYS/Age				GIRLS/Age			
	10	11	12	13	10	11	12	13
70 m H	68,0 cm	68,0 cm			68,0 cm	68,0 cm		
75 m H			76,2 cm				68,0 cm	76,2 cm
80 m H				76,2 cm				
150 m H			68,0 cm				68,0 cm	
200 m H				68,0 cm				68,0 cm
Shot-put	2,0 Kg	2,0 Kg	3,0 Kg	4,0 Kg	2,0 Kg	2,0 Kg	3,0 Kg	3,0 Kg
Discus			750 g	1,0 Kg			750 g	750 g
Javelin			500 g	600 g			500 g	500 g

- Approved Heights, Distances between Hurdles and Number of Hurdles for all Hurdle Events.

BOYS						
Age	Distance Meter	Height Cm	Distance: Start to First Hurdle	Distance: Between Hurdles	Distance : Last Hurdle to Finish	Total
10	70 mH	68,0 cm	10,00 M	7,00 M	11,00 M	8
11	70 mH	68,0 cm	10,00 M	7,00 M	11,00 M	8
12	75 mH	76,2 cm	11,00 M	7,50 M	11,50 M	8
	150 mH	68,0 cm	23,00 M	19,00 M	13,00 M	7
13	80 mH	76,2 cm	12,00 M	8,00 M	12,00 M	8
	200 mH	68,0 cm	16,00 M	19,00 M	13,00 M	10

GIRLS						
Age	Distance Meter	Height Cm	Distance: Start to First Hurdle	Distance: Between Hurdles	Distance : Last Hurdle to Finish	Total
10	70 mH	68,0 cm	10,00 M	7,00 M	11,00 M	8
11	70 mH	68,0 cm	10,00 M	7,00 M	11,00 M	8
12	75 mH	68,0 cm	11,00 M	7,50 M	11,50 M	8
	150 m H	68,0 cm	23,00 M	19,00 M	13,00 M	7
13	75 mH	76,2 cm	11,00 M	7,50 M	11,50 M	8
	200 m H	68,0 cm	16,00 M	19,00 M	13,00 M	10

Appendix - B

QUALIFYING STANDARDS for 2019.

(Updated 20 Oct 2018)

EVENT	BOYS					GIRLS				
	10	11	12	13	13 M.I.D.	10	11	12	13	13 M.I.D.
80m Hand Time Elect Time	11,20 11,44	10,90 11,14				11,60** 11,84**	11,30 11,54			
100m Hand Time Elect Time	13,76 14,00	13,60 13,84	13,10 13,34	12,10 12,34	13,66 13,90	14,40 14,64	14,00** 14,24**	13,50** 13,74**	13,10 13,34	14,46 14,70
150m Hand Time Elect Time			19,44 19,68					20,50 20,74		
200m Hand Time Elect Time				25,00 25,24	27,76 28,00				27,50 27,74	32,36 32,50
800m Coastal Time Inland Time				2:16,00** 2:18,00**					2:26,00** 2:28,00**	
1,200m Coastal Time Inland Time	4:05,00 4:09,00	3:54,00 3:58,00	3:50,00 3:52,00			4:20,00 4:24,00	4:10,00 4:14,00	4:00,00 4:04,00		
1,500m Coastal Time Inland Time				4:40,00 4:44,00	5:26,00 5:30,00				5:05,00 5:10,00	6:36,00 6:40,00
1500mW Coastal Inland Time				8:20,00** 8:27,00**					9:00,00** 9:07,00**	
70mH Hand Time Elect Time	12,20 ** 12,44 **	11,80 12,04				13,40** 13,64**	12,20 12,44			
75mH Hand Time Elect Time			12,40 12,64					12,40 12,64	12,30 12,54	
80mH Hand Time Elect Time				12,30 12,54						
150mH Hand Time Elect Time			22,50 22,74					24,30 24,54		
200mH Hand Time Elect Time				29,20 29,44					32,10 32,34	
Shot Put	9,00m	11,30m**	11,00m**	11,50m**	6,50m**	8,00m**	9,70m**	9,60m**	10,20m	7,20m
Discus			32,00m**	36,00m**				25,00m	30,00m	
High Jump	1,24m	1,34 m	1,48m	1,54m**	1,35m	1,18m	1,30m	1,40m**	1,48m**	1,15m**
Long Jump	4,10m **	4,50m **	4,80m**	5,20m**	4,40m	3,80m**	4,10m**	4,40m**	4,60m**	3,60m**
Javelin			33,00m**	36,00m**				24,00m**	28,00m	
Main Stream - H / J Starting Height	1,19	1,29	1,43	1,49		1,13	1,25	1,35	1,43	
LSEN - H / J Starting Height					1,30m					1,15m
H = Hand Time E = Electronic Time ** EVENTS NEEDS DEVELOPMENT C = Coastal Time I = Inland Time										

SASA RECORDS – MAIN STREAM PRIMARY SCHOOLS T&F – 2018

BOYS 13

Updated: 15.11.2018

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	R Jephtha	WPR	11,03	2001	Secunda
200m	R Els	GAUT	22,96	15/03/2013	Sasolburg
800m	A Zondwayo	ECA	2:02,51	2002	Univ. W. Cape
1500m	N Nzimande	KZN	4:11,28	30/03/2009	Polokwane
80m H (76,2cm)	W Pheiffer	WCA	11,13	20/03/2015	Germiston
200m H (68cm)	W Pheiffer	WCA	26,65	20/03/2015	Germiston
1500m Walk	S Jansen	WCA	7:13,60	20/03/2011	Germiston
High Jump	L Rautenbach	NWP	1,74m	2000	Kroonstad
	T Mbembele	GAUT	1,74m	20/03/2015	Germiston
Long Jump	R Pienaar	NWP	6,18m	19/03/2006	Durban
Shot Put (4kg)	H Sauer	SGT	16,06m	2001	Secunda
Javelin (600g)	J Schlebusch	FS	55,62m	15/03/2013	Sasolburg
Discus (1kg)	L Pavier	GAUT	51,50m	16/03/2018	Paarl
Relay: 4X100m	Gauteng Province	GAUT	46,10	15/03/2013	Sasolburg

BOYS 12

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	T York	EPR	11,21	2000	Kroonstad
150m	C Galant	WCA	17,70	21/03/2014	Paarl
1200m	S Boyi	WPR	3:25,24	1999	Paarl
75mH (76,2cm)	W Pheiffer	WCA	11,30	21/03/2014	Paarl
150m H (68cm)	A Ashaan	MPU	20,69	20/03/2015	Germiston
	T Verster	FS	20,69		
High Jump	H Kotze	NGT	1,71m	1996	Bellville
Long Jump	K Mintwell	NGT	5,50m	2000	Kroonstad
Shot Put (3kg)	L Pavier	GAUT	16,95m	24/03/2017	Potchefstroom
Javelin (500g)	T Swanepoel	WCA	43,91m	28/03/2008	Bellville
Discus (750g)	J van Rensburg	GAUT	44,92m	24/03/2007	Pretoria
Relay: 4X100m	Western Cape	WCA	48,97	21/03/2014	Paarl

BOYS 11

EVENT	NAME	PROV	RECORD	DATE	VENUE
80m	C Galant	WCA	10,10	15/03/2013	Sasolburg
100m	M Jonas	ECA	12,26	1998	Pietersburg
1200m	L Faku	ECA	3:30,00	1997	East London
70m H (68cm)	H Pienaar	NKN	10,63	1996	Bellville
High Jump	H Kotze	NGT	1,58m	1995	Durban
Long Jump	S Mavisela	MPU	5,22m	21/03/2014	Paarl
Shot Put (2kg)	D van Dyk	FS	14,81m	11/03/2016	Port Elizabeth
Relay: 4X100m	Gauteng	GAUT	51,24	30/03/2009	Polokwane

BOYS 10

EVENT	NAME	PROV	RECORD	DATE	VENUE
80m	J Booyesen	WPR	10,22	1996	Bellville
100m	L Felton	WPR	12,03	2001	Secunda
1200m	S Poyné	ECA	3:41,84	2002	Univ. W. Cape
70m H (68cm)	M Engelbrecht	MPU	11,60	24/03/2017	Potchefstroom
High Jump	J Bartelman	FS	1,50m	1997	East London
Long Jump	B Beukes	BOL	4,82m	1998	Pietersburg
Shot Put (2Kg)	W Muller	FS	11,86m	15/03/2013	Sasolburg
Relay: 4X100m	Gauteng	GAU	54,02	15/03/2013	Sasolburg

GIRLS 13

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	S Gardiner	BOL	11,93	2001	Secunda
200m	K la Grange	GAU	25,18	24/03/2017	Potchefstroom
800m	I Bekker	GAU	2:14,92	21/03/2003	Bloemfontein
1500m	A Nice	GAU	4:38,40	13/03/2004	Germiston
75m H (76,2cm)	B van As	SFS	11,07	2002	Univ. W. Cape
200m H (68cm)	E Kriel	FS	28,27	24/03/2007	Pretoria
1500m Walk	A Oosthuizen	WCA	7:16,08	28/03/2008	Bellville
High Jump	K Rothballer	MPU	1,74m	23/03/2012	Durban
Long Jump	T Cupido	WCA	5,60m	24/03/2007	Pretoria
Shot Put (3kg)	A Erasmus	MPU	13,99m	16/03/2018	Paarl
Javelin (500g)	J van Dyk	WCA	43,55m	19/03/2010	East London
Discus (750g)	M Myburgh	FS	43,83m	24/03/2017	Potchefstroom
Relay: 4X100m	Gauteng	GAUT	50,41	16/03/2018	Paarl

GIRLS 12

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	G October	SWD	12,28	2001	Secunda
150m	A Fourie	FS	18,09	21/03/2014	Paarl
1200m	A van Staden	GAUT	3:38,18	16/03/2018	Paarl
75m H (68cm)	S Mofokeng	FS	11,22	21/03/2003	Bloemfontein
150m H (68cm)	E Botha	GAU	21,33	18/03/2005	Royal Bafokeng
High Jump	M Jacobs	NGT	1,65m	1996	Bellville
Long Jump	C Jenkins	GAU	5,11m	24/03/2017	Potchefstroom
Shot Put (3kg)	S du Toit	SGT	14,37m	2000	Kroonstad
Javelin (500g)	L Jacobs	SWD	35,02m	2000	Kroonstad
Discus (750g)	L de Wet	NWP	38,84m	16/03/2018	Paarl
Relay: 4X100m	Western Cape	WCA	51,94	21/03/2014	Paarl

GIRLS 11

EVENT	NAME	PROV	RECORD	DATE	VENUE
80m	A Conley	GAU	10,08	2002	Univ. W. Cape
100m	W Jacobs	BOL	12,50	2001	Secunda
1200m	M Dimond	GAU	3:47,02	24/03/2017	Potchefstroom
70m H (68cm)	M Compaan	GAUT	11,07	21/03/2014	Paarl
High Jump	M Jacobs	NGT	1,56m	1995	Durban
Long Jump	KL Abrahams	WCA	4,94m	24/03/2017	Potchefstroom
Shot Put (2kg)	R Slump	WCA	12,62m	20/03/2015	Germiston
Relay: 4X100m	Western Province	WCA	53,70	1998	Pietersburg

GIRLS 10

EVENT	NAME	PROV	RECORD	DATE	VENUE
80m	H Walker	WCA	10,09	30/03/2009	Polokoane
100m	M Dankwa	SGT	12,34	1996	Bellville
70m H (68cm)	A Sauer	GAU	11,52	2002	Univ. W. Cape
1200m	M Dimond	GAU	3:53,89	11/03/2016	Port Elizabeth
High Jump	A Herbst	FS	1,40m	23/03/2012	Durban
Long Jump	R Cleophas	WPR	4,48m	1995	Durban
Shot Put (2Kg)	C Olivier	GAU	10,09m	24/03/2017	Potchefstroom
Relay: 4X100m	Western Province	WCA	55,10	1995	Durban

SASA RECORDS – M.I.D. PRIMARY SCHOOLS T&F – 2018

M.I.D. - BOYS 13

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	J-Leigh Carls	FS	12,73	16/03/2018	Paarl
200m	J-Leigh Carls	FS	26,71	16/03/2018	Paarl
1500m	G Valtyn	ECA	5:13,91	16/03/2018	Paarl
High Jump	M Hadebe	MPU	1,55m	24/03/2017	Potchefstroom
Long Jump	O Lecoko	FS	5,10m	24/03/2017	Potchefstroom
Shot Put (4kg)	S Sithole	MPU	8,28m	16/03/2018	Paarl
Relay: 4X100m					

M.I.D. - GIRLS 13

EVENT	NAME	PROV	RECORD	DATE	VENUE
100m	BJ Nunes	MPU	14,45	24/03/2017	Potchefstroom
200m	J Eze	MPU	31,33	16/03/2018	Paarl
1500m	I Yanxa	ECA	5:54,68	16/03/2018	Paarl
High Jump	BJ Nunes	MPU	1,20m	24/03/2017	Potchefstroom
Long Jump	P Zulu	MPU	3,85m	24/03/2017	Potchefstroom
Shot Put (4kg)					
Relay: 4X100m					

TECHNICAL OFFICIALS

OFFICIALS SERVING AT THE S.A.SCHOOLS ATHLETICS - NATIONAL PRIMARY SCHOOLS T&F CHAMPIONSHIPS – 2019.

RETURN DATE: Monday 04 March 2019 – Latest

Send to: Mr. Mangethe Zwane & Mr. Dawid Pieterse

E-Mail: ntshosho@yahoo.com Cell: 083 447 1700 & dawid.pieterse@gauteng.gov.za Cell: 082 676 6576

PROVINCE: _____

OFFICIAL NAME + SURNAME	EVENTS Choice		Accreditation Number	LEVEL E.g. I	Halaal Kosher Vegetarian
	1	2			
1					
2					
3					
4					
5					
6 (M.I.D.)					

Certified correct by the Provincial Structure: _____
SIGNATURE

NAME: _____ Contact No: _____

DATE: _____

TEAM ENTRIES – COVER PAGE - 2019

1. PROVINCE : _____		
2. NUMBER OF ENTRIES	BOYS	GIRLS
10		
11		
12		
13		
13 LSEN		
TOTAL		

Print the names and gender of the persons accompanying the team.

3.1 Provincial Athletics Chairperson: _____

3.2 General Manager _____

3.3 Assistant Managers 1. _____

2. _____

3.4 Coaches 1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

PROVINCIAL STRUCTURE : _____ **DATE:** _____

This information is certified correct.

WITHDRAWAL & SUBSTITUTION FORM

S.A. SCHOOLS ATHLETICS - 2019

This form is to be used only after entries have been confirmed. It must be submitted to the Technical Information Center well in time.

WITHDRAWAL

Province: Team Manager:

Event No	Event	Athlete No	Competitor Name	Reason for Withdrawal

Signature: Date: Time:

Deadline for this submission is at 15:00 on Thursday, 14/03/2019

SUBSTITUTION

Province: Team Manager:

Event No	Event	Athlete No	Competitor Name	Reason for Withdrawal

Signature: Date: Time:

APPEAL FORM

S.A. SCHOOLS ATHLETICS - 2019

Protest lodged by or on behalf of

Province:

Event No: Event:

According to the rule of this competition, all protests presented to the Referee must include a deposit of R 300.00.

If the Protest fails, the money may not be returned.

I.A.A.F. rule(s) and or local competition rule(s) alleged to have been contravened

.....

Grounds for lodging protest

.....

.....

Signature: Date: Time:

Official Use Only

Time at which result was announced	Time at which protest was made to the Referee	Time Received

Jury's Decision:

.....

The fee will be: Returned Not Returned

Chairperson: Date: Time:

COMPETITION PROGRAMME - 2019

SASA PRIMARY SCHOOLS - MAIN STREAM & M.I.D. 13 FIRST DAY OF COMPETITION - FRIDAY, 15 MARCH 2019
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1	09:00	Girls 11	1200m	Heats		Final 135
2	09:00	Boys 13	Long Jump (A Pit)		Final	
3	09:00	Girls 13	Long Jump (B Pit)		Final	
4	09:00	Boys 12	High Jump (A Mat)		Final	
5	09:00	Girls 12	High Jump (B Mat)		Final	
6	09:00	Girls 11	Shot Put (A Circle)		Final	
7	09:10	Girls 13L	1500m		Final	
8	09:20	Girls 10	80m	Heats		Semi-final 37
9	09:30	Boys 10	80m	Heats		Semi-final 38
10	09:40	Girls 11	80m	Heats		Semi-final 39
11	09:50	Boys 11	80m	Heats		Semi-final 40
12	10:00	Girls 12	150m	Heats		Semi-final 41
13	10:10	Boys 12	150m	Heats		Semi-final 42
14	10:20	Girls 13L	200m	Heats		Final 60
15	10:30	Girls 13	200m	Heats		Semi-final 43
16	10:40	Boys 13L	200m	Heats		Final 62
17	10:50	Boys 13	200m	Heats		Semi-final 44
18	11:00	Girls 13	800m	Heats		Final 76
19	11:10	Boys 13	800m	Heats		Final 77
20	11:10	Girls 13	Shot Put (B Circle)		Final	

21	11:10	Boys 12	Discus Throw		Final		
22	11:10	Girls 12	Javelin		Final		
23	11:20	Girls 10	70m Hurdles	Heats			Final 68
24	11:30	Boys 10	70m Hurdles	Heats			Final 69
25	11:40	Girls 11	70m Hurdles	Heats			Final 70
26	11:50	Boys 11	70m Hurdles	Heats			Final 71
27	11:50	Girls 13L	Shot Put (A Circle)		Final		
28	11:50	Boys 11	Long Jump (B Pit)		Final		
29	11:50	Girls 11	Long Jump (A Pit)		Final		
30	11:50	Boys 10	High Jump (A Mat)		Final		
31	11:50	Girls 10	High Jump (B Mat)		Final		
32	12:00	Girls 12	75m Hurdles	Heats			Final 72
33	12:10	Boys 12	75m Hurdles	Heats			Final 73
34	12:20	Girls 13	75m Hurdles	Heats			Final 74
35	12:30	Boys 13	80m Hurdles	Heats			Final 75
	12:30		Medal Presentation	ITEMS:2, 3, 4, 5, 6,7			
36	12:40	Boys 11	1200m	Heats			Final 136
37	12:50	Girls 10	80m	Semi-finals			Final 54
38	13:00	Boys 10	80m	Semi-finals			Final 55
39	13:10	Girls 11	80m	Semi-finals			Final 56
40	13:20	Boys 11	80m	Semi-finals			Final 57
41	13:30	Girls 12	150m	Semi-finals			Final 58
42	13:40	Boys 12	150m	Semi-finals			Final 59
43	13:50	Girls 13	200m	Semi-finals			Final 61
44	14:00	Boys 13	200m	Semi-finals			Final 63
45	14:00	Boys 13	Shot Put (A Circle)		Final		
46	14:00	Boys 11	Shot Put (B Circle)		Final		

47	14:00	Boys 12	Javelin		Final		
48	14:00	Girls 12	Discus Throw		Final		
49	14:00	Girls 11	High Jump (B Mat)		Final		
50	14:00	Girls 13L	High Jump (A Mat)		Final		
51	14:00	Boys 13L	Long Jump (B Pit)		Final		
52	14:00	Girls 12	1200m	Heats			Final 137
53	14:10	Boys 12	1200m	Heats			Final 138
54	14:20	Girls 10	80m		Final		
55	14:25	Boys 10	80m		Final		
56	14:30	Girls 11	80m		Final		
57	14:35	Boys 11	80m		Final		
58	14:45	Girls 12	150m		Final		
59	14:50	Boys 12	150m		Final		
60	15:00	Girls 13L	200m		Final		
61	15:05	Girls 13	200m		Final		
62	15:10	Boys 13L	200m		Final		
63	15:15	Boys 13	200m		Final		
	15:20		Medal Presentation	<u>ITEMS: 20, 21, 22, 27, 28, 29, 30, 31</u>			
64	15:25	Girls 13	1500m Walk		Final		
65	15:35	Boys 13L	1500m		Final		
66	15:45	Girls 10	1200m	Heats			Final 139
67	15:55	Boys 10	1200m	Heats			Final 140
68	16:05	Girls 10	70m Hurdles		Final		
69	16:10	Boys 10	70m Hurdles		Final		
70	16:15	Girls 11	70m Hurdles		Final		
71	16:20	Boys 11	70m Hurdles		Final		
72	16:25	Girls 12	75m Hurdles		Final		
73	16:30	Boys 12	75m Hurdles		Final		
74	16:35	Girls 13	75m Hurdles		Final		
75	16:40	Boys 13	80m Hurdles		Final		
	16:50		Medal Presentation	<u>ITEMS:45,46,47,48,49,50,50,51,54,55,56,57,58, 59,60,61,62,63</u>			
76	16:50	Girls 13	800m		Final		

77	16:55	Boys 13	800m		Final	
78	17:05	Girls 10	100m	Heats		Semi Final 96
79	17:15	Boys 10	100m	Heats		Semi Final 97
80	17:25	Girls 11	100m	Heats		Semi Final 98
81	17:35	Boys 11	100m	Heats		Semi Final 99
82	17:45	Girls 12	100m	Heats		Semi Final 100
83	17:55	Boys 12	100m	Heats		Semi Final 101
84	18:05	Girls 13L	100m	Heats		Semi Final 102
85	18:15	Girls 13	100m	Heats		Semi Final 103
86	18:25	Boys 13L	100m	Heats		Semi Final 104
87	18:35	Boys 13	100m	Heats		Semi Final 105

SECOND DAY OF COMPETITION SATURDAY, 16 MARCH 2019

88	08:00	Boys 13	High Jump (A Mat)		Final	
89	08:00	Girls 13	High Jump (B Mat)		Final	
90	08:00	Boys 12	Long Jump (A Pit)		Final	
91	08:00	Girls 12	Long Jump (B Pit)		Final	
92	08:00	Girls 10	Shot Put (A Circle)		Final	
93	08:00	Boys 13L	Shot Put (B Circle)		Final	
94	08:00	Girls 13	1500m	Heats		Final 141
95	08:10	Boys 13	1500m	Heats		Final 142
96	08:20	Girls 10	100m	Semi-finals		Final 116
97	08:30	Boys 10	100m	Semi-finals		Final 117
98	08:40	Girls 11	100m	Semi-finals		Final 118
99	08:50	Boys 11	100m	Semi-finals		Final 119
100	09:00	Girls 12	100m	Semi-finals		Final 120
101	09:10	Boys 12	100m	Semi-finals		Final 121
102	09:20	Girls 13L	100m		Final	
103	09:25	Girls 13	100m	Semi-finals		Final 122
104	09:30	Boys 13L	100m		Final	
105	09:35	Boys 13	100m	Semi-finals		Final 123

09:40

Medal Presentation

ITEMS: 64,65,68,69,70,71,72,73, 74,75, 76,77

106	09:50	Girls 12	150m Hurdles	Heats		Final 128
107	10:00	Boys 12	Shot Put (B Circle)		Final	

108	10:00	Boys 13	Javelin		Final		
109	10:00	Girls 13	Discus Throw		Final		
110	10:00	Girls 13L	Long Jump (A Pit)		Final		
111	10:00	Boys 11	High Jump (A Mat)		Final		
112	10:00	Boys 13L	High Jump (B Mat)		Final		
113	10:00	Boys 12	150m Hurdles	Heats			Final 129
114	10:15	Girls 13	200m Hurdles	Heats			Final 130
115	10:25	Boys 13	200m Hurdles	Heats			Final 131
116	10:40	Girls 10	100m		Final		
117	10:50	Boys 10	100m		Final		
118	11:00	Girls 11	100m		Final		
119	11:10	Boys 11	100m		Final		
120	11:20	Girls 12	100m		Final		
121	11:30	Boys 12	100m		Final		
122	11:40	Girls 13	100m		Final		
123	11:50	Boys 13	100m		Final		
	12:00		Medal Presentation	<u>ITEMS:</u> 88, 89, 90, 91, 92, 93			
124	12:00	Boys 10	Long Jump (B Pit)		Final		
125	12:00	Girls 10	Long Jump (A Pit)		Final		
126	12:00	Boys 10	Shot Put (A Circle)		Final		
127	12:00	Girls 12	Shot Put (B Circle)		Final		
128	12:10	Girls 12	150m Hurdles		Final		
129	12:20	Boys 12	150m Hurdles		Final		
130	12:35	Girls 13	200m Hurdles		Final		
131	12:45	Boys 13	200m Hurdles		Final		
	14:00		Medal Presentation	<u>ITEMS:</u> 107, 108, 109, 110, 111, 112, 116,117, 118, 119, 120, 121, 122, 123			
132	12:55	Boys 13	1500m Walk		Final		
			LUNCH: 13:10 - 14:00				
133	14:00	Boys 13	Discus Throw		Final		
134	14:00	Girls 13	Javelin		Final		

135	14:00	Girls 11	1200m	Final		
136	14:10	Boys 11	1200m	Final		
137	14:20	Girls 12	1200m	Final		
138	14:30	Boys 12	1200m	Final		
139	14:40	Girls 10	1200m	Final		
140	14:50	Boys 10	1200m	Final		
	14:50		Medal Presentation	<u>ITEMS:</u> 109, 110, 124,125, 126, 127, 128, 129, 130, 131, 132, 132		
141	15:00	Girls 13	1500m	Final		
142	15:10	Boys 13	1500m	Final		
143	15:20	Girls 10	4x100m Relay	Final		
144	15:25	Boys 10	4x100m Relay	Final		
145	15:30	Girls 11	4x100m Relay	Final		
146	15:35	Boys 11	4x100m Relay	Final		
147	15:40	Girls 12	4x100m Relay	Final		
148	15:45	Boys 12	4x100m Relay	Final		
149	15:50	Girls 13L	4x100m Relay	Final		
150	15:55	Girls 13	4x100m Relay	Final		
151	16:05	Boys 13L	4x100m Relay	Final		
152	16:15	Boys 13	4x100m Relay	Final		
	16:20		Medal Presentation	<u>ITEMS:</u> 133, 134, 135, 136, 137, 138, 139, 140, 141, 142		
	17:00	CLOSING CEREMONY				
	17:00 to 18:00	<u>No Medal Presentation</u> Medals will be collected at the medal room/table for these items because of time constraints Team managers collect and sign for medals		<u>ITEMS:</u> 143 - 152		

Results will be available throughout the Tournament on the following link : www.jobareresults.co.za