



**AUTOMATIC QUALIFICATION TO PARTICIPATE AT ASA CROSS COUNTRY TRIALS**

**Men/Women 10km**

<b>NO</b>	<b>NAME</b>	<b>SURNAME</b>	<b>EVENT</b>	<b>CATEGORY</b>	<b>PROVINCE</b>
1	Precious	MASHELE	10km	Senior Men	CGA
2	Pakiso	MTHEMBU	10km	Senior Men	AFS
3	Kabelo	SEBOKO	10km	Senior Men	CGA
4	Thabang	MOSIAKO	10km	Senior Men	ACNW
5	Moses	MAHLANGU	10km	Senior Men	AMPU
6	Ntsindiso	MPHAKATHI	10km	Senior Men	CGA
7	Milton	KEKANA	10km	Senior Men	AGN
8	Thabo	SEBOTSA	10km	Senior Men	AFS
9	Francises Leserta	PAPO	10km	Senior Men	CGA
10	Bonginkosi	ZWANE	10km	Senior Men	KZNA
11	Mbuleli	MATHANGA	10km	Senior Men	KZNA
1	Glenrose	XABA	10km	Senior Women	AGN
2	Kesa	MOLOTSANE	10km	Senior Women	AFS
3	Aynslee	VAN GRAAN	10km	Senior Women	AGN
4	Kyla	VAN GRAAN	10km	Senior Women	WPA
5	Farida	ZWANE	10km	Senior Women	CGA
6	Thobile	MKHIZE	10km	Senior Women	KZNA
7	Tyler	BELING	10km	Senior Women	AFS
8	Makhosazane	MHLONGO	10km	Senior Women	KZNA
9	Anna	MOEKETSI	10km	Senior Women	AFS
10	Cherise	SIMS	10km	Senior Women	BORA
11	Lebo	PHALULA	10km	Senior Women	CGA
12	Zintle	XINIWE	10km	Senior Women	WPA