

Meeting :PUMA SCHOOL OF SPEED # 4 at BESTMED TUKS on 2019/03/02

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals

Ordered by Item types

Performance Scores: ASA_2016 table, Electronic Time, Height above sea=1400

Item 144 18:04 Final Girls 15 100m							+1.4
1	NGONGO,Akonyi, 415	PRECOL	12.80	8	770	G	
2	SEGOLE,Ofentse, 531	P UIT	13.32	7	709	S	
3	WOLFENDE,Serena, 92	DAIN	13.57	6	683	B	
4	THOMADIAS,Karalee, 533	P UIT	13.79	5	661		
5	MOGALE,BOHLALE, 758	AHU	13.81	4	659		
6	OLEBOENG,Princess, 100	DIF	13.84	3	656		
7	BELEBESI,Kamohelo, 977	P UIT	14.36	2	607		
8	LOUW,VIELLA, 759	P UIT	14.59	1	587		
Item 145 18:08 Final Boys 15 100m							+1.5
1	MATJILA,Lerato, 433	PRECOL	10.88	8	873	G	
2	BOTHA,Marais, 198	HELP	11.18	7	810	S	
3	SIMELANE,Ndumiso, 938	P UIT	11.31	6	785	B	
4	MOGASWA,Kealeboga, 674	UIT	11.48	5	755		
5	DITHEBE,KABELO, 773	AHU	11.67	4	723		
6	TSHIYOMBO,James, 103	DIF	11.90	3	686		
7	HASSIM,Raymon, 614	ST BEN	12.01	2	670		
8	NHALPO,Hloni, 235	JOH	12.37	1	618		
Item 140 17:48 Final Girls 17 100m							+0.5
1	MALINGA,Nosipho, 404	PRECOL	11.93	8	863	G	
2	VAN WYK,Odette, 386	OVE	12.24	7	818	S	
3	BLIGNAUT,Janie, 290	MEN	12.25	6	817	B	
4	JONKER,Mariska, 717	ZWK	12.33	5	805		
5	HATTING,Rozelle, 294	MEN	12.55	4	776		
6	MMATLI,Tumisho, 410	PRECOL	12.60	3	770		
7	MUSAKWA,Mazvita, 625	SUC	12.67	2	761		
8	WHYTE,AMY, 933	P UIT	12.72	1	755		
Item 141 17:52 Final Boys 17 100m							+2.3
1	TEMBO,Kelvin, 181	GOLD	10.79	8	850	G	
2	VENTER,Jaco, 666	TUKS	10.82	7	844	S	
3	NKHAHLE,Rappie, 443	PRECOL	10.88	6	831	B	
4	NKOSI,Gashwin, 238	KAN	10.96	5	814		
5	TANDT,KEANU, 812	CUR W	11.05	4	798		
6	HLOPHE,Akhona, 207	HER	11.16	3	776		
7	MATINGA,Owen, 616	ST BEN	12.20	2	612		
0	DU PLESSIS,Jordan, 545	P UIT	DNS	0	0		
Item 142 17:56 Final Girls 19 100m							+1.2
1	VAN DER MWERWE,Antonette, 133	ELDO	11.61	8	886	G	
2	XEYI,Rose, 422	PRECOL	11.68	7	875	S	
3	VAN DER MERWE,Nicola, 580	RUST	11.88	6	844	B	
4	KUBHEKA,Phindile, 651	TUKS	12.25	5	792		
5	PIETERS,Nikysha, 122	EDU	12.46	4	765		
6	SMITH,Eldalene, 272	MAM C	12.61	3	746		
7	DUBAZANE,Thembelihle, 681	UTR	12.77	2	727		
0	WATAMA,Mascline, 626	SUC	DNS	0	0		
Item 143 18:00 Final Boys 19 100m							+1.7
1	GAINES,Mark, 680	UKZN	10.57	8	864	G	
2	VAN WYK,Edwin, 172	GAR	10.76	7	824	S	
3	MANYENENG,Realeboga, 67	CCC	10.95	6	786	B	
4	KADENGA,Takunda, 628	SUC	10.96	5	784		
5	NGOBENI,Khongela, 21	AKA	10.99	4	778		
6	NTSHABELENG,Kgomotso, 274	MAM C	11.10	3	758		
7	DIAS,Jayden, 387	OVE	11.11	2	756		
8	MOTLOGELOA,Tshiamo, 604	STA	11.12	1	755		
Item 150 18:28 Final Girls 15 200m							+1.1
1	MARAIS,Lanae, 192	HELP	26.76	8	761	G	

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
2	STRYDOM,Hailey, 584	SHAL	26.92	7	752	S	
3	SEGOLE,Ofentse, 531	P UIT	27.24	6	736	B	
4	PRINSLOO,MAIH, 754	P UIT	28.07	5	695		
5	DU PREEZ,Ane, 483	P IND	29.32	4	641		
6	MOGALE,BOHLALE, 758	AHU	30.01	3	613		
0	MAPFUMO,Kelsea, 99	DIF	DNS: .	0	0		
0	SELOTA,THABILA, 8091	P UIT	DNS: .	0	0		
Item 151 18:32 Final Boys 15 200m					+0.9		
1	NGWENYA,Petros, 508	P IND	22.60	8	808	G	
2	BOTHA,Marais, 198	HELP	22.61	7	807	S	
3	NDLOVU,Denzel, 442	PRECOL	22.98	6	776	B	
4	DITHEBE,KABELO, 773	AHU	23.78	5	716		
5	NAICKER,Liam, 949	P UIT	23.83	4	712		
6	MAKAMA,Kgotso, 940	P UIT	24.14	3	691		
0	TAU,Thapelo, 239	KAN	DNS: .	0	0		
0	TSHIYOMBO,James, 103	DIF	DNS: .	0	0		
Item 148 18:20 Final Girls 17 200m					+0.2		
1	SHABANGU,Banele, 419	PRECOL	24.72	8	858	G	
2	EILERD,Charilize, 2	AHU	24.86	7	849	S	
3	VAN WYK,Odette, 386	OVE	25.46	6	811	B	
4	KOEKEMOER,Dayle, 154	FF	25.57	5	804		
5	STRYDOM,Angelique, 6	AHU	25.71	4	796		
6	MUCHATIBAYA,Blessing, 177	GOLD	25.78	3	792		
7	TEMO,Naledi, 31	BEN	26.71	2	741		
8	WHYTE,AMY, 933	P UIT	26.86	1	734		
Item 149 18:24 Final Boys 17 200m					+0.5		
1	NKOSI,Gashwin, 238	KAN	21.79	8	846	G	
2	TANDT,KEANU, 812	CUR W	22.30	7	800	S	
3	NGOBE,Thulane, 617	ST BEN	22.58	6	776	B	
4	XOTYENI,Mhlali, 519	P IND	22.66	5	770		
5	CLAYTON,Ruan, 730	ZWK	22.77	4	761		
6	MAKHUBELA,Julius, 244	KHA	23.13	3	733		
0	MATINGA,Owen, 616	ST BEN	DNS	0	0		
0	NYAMUZHWA,Taky, 563	P UIT	DNS	0	0		
Item 146 18:12 Final Girls 19 200m					+0.4		
1	VAN DER MERWE,Nicola, 580	RUST	24.09	8	877	G	
2	KELLERMAN,Simone, 128	ELDO	25.06	7	813	S	
3	VAN NIEKERK,SACHA, 749	P UIT	25.59	6	782	B	
4	JANSEN,DEMEE, 930	OOSM	25.63	5	780		
5	PIETERS,Nikysha, 122	EDU	25.66	4	778		
6	VAN DER MERWE,Esmarie, 48	CENT	25.74	3	773		
7	HANEKOM,Natalie, 293	MEN	25.81	2	770		
8	DUBAZANE,Thembelihle, 681	UTR	26.13	1	752		
Item 147 18:16 Final Boys 19 200m					+0.5		
1	VON STADE,Zander, 742	ZWK	21.30	8	864	G	
2	WYLBACHT,Wendell, 62	CENT	22.19	6.5	782	S	
3	MQOLO,Enos, 336	MOHL	22.19	5.5	782	B	
4	MOSEHLA,Kabelo, 581	SHC	22.53	5	754		
5	DIAS,Jayden, 387	OVE	22.64	4	746		
6	MOHALE,Katlego, 954	P UIT	22.70	3	741		
7	MANYENENG,Realeboga, 67	CCC	22.84	2	730		
8	MARIMBA,Leonard, 179	GOLD	23.69	1	670		
Item 138 17:40 Final Girls 15 400m							
1	MOLEPO,Precious, 413	PRECOL	0:55.68	8	907	G	
2	VAN BREDA,Bianca, 343	MON	0:58.05	7	844	S	
3	VAN WYK,Carla, 300	MEN	0:59.22	6	815	B	
4	JONKER,Marizene, 188	HELP	1:00.68	5	782		
5	SCHOLTZ,Lara, 297	MEN	1:01.59	4	763		
6	NINABER,Petri, 130	ELDO	1:01.81	3	758		

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7	BODLANI,Aithopa, 83	DAIN	1:04.05	2	715		
0	SEGOLE,Ofentse, 531	P UIT	DNS	0	0		
Item 139 17:44 Final Boys 15 400m							
1	MAKAMA,Kgotso, 940	P UIT	0:52.54	8	724	G	
2	J VAN VUUREN,Johan, 303	MEN	0:53.01	7	710	S	
3	LEKUNKU,Joshua, 430	PRECOL	0:53.57	6	694	B	
4	PRETORIUS, De Wet, 204	HELP	0:54.67	5	665		
5	MTHEMBU,Asande, 440	PRECOL	0:56.84	4	612		
6	GELDENHUYS,Wihan, 990	P UIT	0:56.89	3	611		
7	NEL,Divan, 737	ZWK	1:01.66	2	509		
8	BASI,Sakhele, 452	PBHS	1:01.77	1	507		
Item 152 18:36 Final Girls 17 400m							
1	BEETGE,Nachelle, 482	P IND	0:56.03	8	873	G	
2	GROENEWALD,Talita, 525	P UIT	0:57.55	7	834	S	
3	SWART,Charne, 298	MEN	0:58.07	6	821	B	
4	BREYTENBACH,Bernadette, 11	AHMP	0:58.43	5	812		
5	BRAZER,Amore, 743	P UIT	0:59.50	4	788		
6	VERMAAK,Shani, 16	AHMP	1:01.58	3	744		
0	NIENABER,Jennalee, 295	MEN	DNS: .	0	0		
0	BEZUIDENHOUT,Chazel, 289	MEN	DNS: .	0	0		
Item 153 18:40 Final Boys 17 400m							
1	MHLANGO,Thando, 777	AHU	0:47.30	8	881	G	
2	NKHAHLE,Rappie, 443	PRECOL	0:49.81	7	787	S	
3	MATHIVHA,Unarine, 392	PAM	0:50.81	6	754	B	
4	REHLOM,Muso, 986	NHW	0:51.34	5	737		
5	HAVENGA,Wickus, 80	CUR RO	0:54.10	4	659		
6	MASHILOANE,Koketso, 956	P UIT	0:55.24	3	630		
Item 154 18:44 Final Girls 19 400m							
1	AHRENS,Kirsten, 481	P IND	0:54.65	8	890	G	
2	NAUDE,Amy, 155	FF	0:55.13	7	876	S	
3	LOOTS,Marzaan, 13	AHMP	0:56.69	6	835	B	
4	KOTZE,Charmari, 12	AHMP	0:56.75	5	833		
5	FAVHLA,Nicole, 921	P IND	0:57.98	4	804		
6	VENTER,Jeanette, 301	MEN	1:00.11	3	756		
7	VAN NIEKERK,SACHA, 749	P UIT	1:00.20	2	754		
0	GIBBON,NICOLA, 747	P UIT	DNS	0	0		
Item 155 18:48 Final Boys 19 400m							
1	GOUWS,Josua, 914	P UIT	0:47.48	8	846	G	
2	MAGUMENI,Martin, 932	PAM	0:48.36	7	813	S	
3	FAKUDE,Danell, 998	P UIT	0:49.23	6	783	B	
4	SMIT,Ivan, 171	GAR	0:49.80	5	764		
5	MAILULA,Thabo, 431	PRECOL	0:49.82	4	763		
6	MOTLOGELOA,Tshiamo, 604	STA	0:50.76	3	733		
7	PRUSENT,Gomolemo, 713	ZWS	0:52.07	2	694		
Item 130 16:35 FinalResults Girls 15 800m							
1	NDALA,Tinyiko, 414	PRECOL	2:17.79	8	807	G	
2	JONKER,Marizene, 188	HELP	2:17.92	7	805	S	
3	MAVUSO,Mathapelo, 409	PRECOL	2:19.33	6	791	B	
4	BOTHA,Charissa, 715	ZWK	2:19.91	5	785		
5	WANTNEY,Nadia, 196	HELP	2:22.07	4	764		
6	VAN DER LINDE,Marlene, 47	CENT	2:22.18	3	763		
7	ZULU,Phumzile, 684	UTR	2:24.11	2	745		
8	DE BEER,Nerize, 991	P UIT	2:24.19	1	744		
9	MINNIE,Elme, 129	ELDO	2:25.16	0	735		
10	STEYNBERG,Desere, 728	ZWK	2:28.43	0	707		
11	KNOESEN,Christene, 719	ZWK	2:28.47	0	707		
12	PHILLIPSON,Tiffany, 724	ZWK	2:30.05	0	694		
13	VAN NIEKERK,Natasha, 317	M IND	2:31.24	0	684		
Item 132 16:42 FinalResults Boys 15 800m							

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	REES,Garrick, 514	P IND	1:54.48	8	903	G	
2	RASIITE,Tshepo, 445	PRECOL	1:59.34	7	775	S	
3	JACK,Mpho, 424	PRECOL	2:02.92	6	698	B	
4	LEGODI,Thaluki, 429	PRECOL	2:06.44	5	630		
5	CHILOANE,Kholofelo, 101	DIF	2:06.70	4	626		
6	NDALA,Joseph, 441	PRECOL	2:08.19	3	600		
7	PIETERS,Andre, 738	ZWK	2:08.79	2	589		
8	WILKINSON,Johnny, 347	MON	2:08.99	1	586		
9	RYBINKAR,Ronin, 57	CENT	2:09.60	0	576		
10	DU PLESSIS,Ivan, 345	MON	2:09.80	0	573		
11	DICK,Claudeo, 731	ZWK	2:12.13	0	536		
12	NGCOBO,?, 506	P IND	2:12.92	0	523		
13	STRYDOM,PAUL, 793	CENT	2:14.09	0	506		
14	TEFFO,Lehlogonolo, 73	CCC	2:14.61	0	498		
15	LANGA,Reagile, 459	PBHS	2:14.62	0	498		
16	VAN DER MERWE,Nel, 309	MEN	2:14.83	0	495		
17	VENTER,CUAN, 795	P IND	2:15.55	0	485		
18	DE WET,Jaden, 200	HELP	2:20.30	0	420		
19	NEL,Divan, 737	ZWK	2:23.10	0	385		
20	MINSTER,Jordan, 462	PBHS	2:31.25	0	293		
21	MAKGANE,Shimi, 334	MOHL	2:34.57	0	258		

Item 133 16:48 Final Girls 17 800m

1	AUCAMP,Johne, 1	AHU	2:15.12	8	827	G	
2	TWALA,Nandipha, 420	PRECOL	2:15.81	7	819	S	
3	DU PLESSIS ,Chanel, 342	MON	2:15.91	6	818	B	
4	GAIT-SMITH,Gabriella, 87	DAIN	2:16.55	5	811		
5	BELL,Kirsti, 288	MEN	2:17.19	4	804		
6	VISSER,Michelle, 169	GAR	2:18.29	3	793		
7	STEYNBERG,Nadia, 727	ZWK	2:18.45	2	791		
8	KRUGER,Izelle, 925	MC	2:21.52	1	761		
9	MANYONI,Bongekile, 682	UTR	2:23.76	0	740		
10	VILJOEN,Danelle, 51	CENT	2:25.00	0	729		
11	TALJAARD,Lizaan, 132	ELDO	2:27.85	0	705		
12	BESTER,ANNABEL, 794	OOSM	2:31.62	0	674		
13	OLIVIER,Simone, 723	ZWK	2:32.12	0	670		
14	NXUMALO,Tebogo, 965	P UIT	3:30.69	0	351		

Item 135 16:53 FinalResults Boys 17 800m

1	BLIGNAUT,Juwan, 797	WAT	1:52.98	8	878	G	
2	HIGGINS,Owen, 492	P IND	1:56.27	7	790	S	
3	GAIT-SMITH,Michael, 88	DAIN	1:56.76	6	778	B	
4	MOKONE,Thabang, 686	UTR	1:56.94	5	774		
5	MOLOKOME,Tetelo, 437	PRECOL	1:57.24	4	767		
6	KACHERE ,Alex, 627	SUC	1:57.38	3	764		
7	TRUTER,Christian, 139	ELDO	1:59.21	2	722		
8	OBERHOLSER,Christiaan, 138	ELDO	1:59.26	1	721		
9	HARVEY,Scott, 547	P UIT	1:59.38	0	719		
10	CONRNELISSEN,Danie, 170	GAR	2:06.64	0	581		
11	MARAIS,Weidrich, 734	ZWK	2:06.89	0	576		
12	NDABAMBI,Tanaka, 605	STA	2:08.62	0	548		
13	PABAYA,Khaya, 360	NEDB	2:08.83	0	545		
14	PRETORIUS,Armin, 56	CENT	2:09.23	0	538		
15	LEBELO,Pabalo, 355	NEDB	2:12.26	0	492		
16	BEHRENS,Gerhard, 79	CUR RO	2:13.04	0	480		
17	MOTHAPO,Tshegofatso, 359	NEDB	2:13.68	0	471		
18	SFORZA,Alessiso, 618	ST BEN	2:14.57	0	459		
19	VAN BEEST,Aldin, 60	CENT	2:14.75	0	456		
20	KOVE,Lwando, 916	P UIT	2:22.49	0	356		
21	MACHERU,Andries, 981	AHU	2:23.39	0	346		
22	RAMAILA,Didintle, 142	ELIM	2:25.09	0	326		

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23	MODISHA,Tshimollo, 937	P UIT	2:32.81	0	243		
Item 136 17:11 Final Girls 19 800m							
1	DE BEER,JEANNE, 786	AHMP	2:14.44	8	832	G	
2	BOON,Rhode, 480	PUK	2:15.00	7	826	S	
3	VAN DER MWERE,Jana, 49	CENT	2:16.09	6	814	B	
4	JV RENSBURG,Janie, 650	TUKS	2:16.13	5	814		
5	KOTZE,Mianco, 4	AHU	2:21.66	4	758		
6	DU TOIT,Luca, 86	DAIN	2:30.23	3	683		
7	MDLULI,Phindile, 276	MAN/P	2:30.85	2	678		
Item 137 17:15 Final Boys 19 800m							
1	SWART,Chris, 992	P UIT	1:51.54	8	853	G	
2	MULOTSI,Koos, 687	UTR	1:54.01	7	788	S	
3	NDLOVU,Nhloso, 947	P UIT	1:54.05	6	787	B	
4	GERBER,MARNO, 791	OOSM	1:54.65	5	772		
5	LE ROUX,Rouxan, 304	MEN	1:55.24	4	758		
6	FAKUDE,Danell, 998	P UIT	1:55.69	3	747		
7	WILKINSON,Turner, 348	MON	1:56.84	2	721		
8	SISHUBA,Xobane, 449	PRECOL	1:58.95	1	677		
9	KHOZA,Phumulani, 282	MAN/P	1:59.83	0	659		
10	OBERHOLSER,Stepfan, 137	ELDO	1:59.86	0	659		
11	KASIGWA,DON, 792	OOSM	2:02.33	0	612		
12	J.V. RENSBURG,Thinus, 53	CENT	2:03.56	0	590		
13	STASSEN`,Dylan, 970	P UIT	2:06.25	0	544		
14	GERBER,Koillin, 971	P UIT	2:09.55	0	492		
15	GAULD,Nathan, 455	PBHS	2:11.28	0	467		
Item 1 10:30 Final Girls 15 1500m							
1	BURGER,Simone, 975	P UIT	04:50.15	8	758	G	
2	DE BEER,Nerize, 991	P UIT	04:51.79	7	751	S	
3	SMIT,Mieke, 911	P UIT	04:54.03	6	741	B	
4	ZULU,Phumzile, 684	UTR	05:01.11	5	710		
5	DE BEER,Jolandi, 974	P UIT	05:02.29	4	705		
6	JOUBERT,Annika, 718	ZWK	05:04.44	3	697		
7	KNOESEN,Christene, 719	ZWK	05:04.96	2	695		
8	PHILLIPSON,Tiffany, 724	ZWK	05:13.18	1	663		
9	MOLOTO,Koketso, 985	NHW	05:26.82	0	614		
10	MINNIE,Ashley, 377	NHW	05:34.69	0	588		
Item 3 10:38 Final Boys 15 1500m							
1	REES,Garrick, 514	P IND	04:01.65	8	920	G	
2	LOUW,Hannes, 305	MEN	04:17.64	7	800	S	
3	NGCOBO,Lungani, 920	P IND	04:17.76	6	800	B	
4	RYBINKAR,Ronin, 57	CENT	04:26.17	5	748		
5	WILKINSON,Johnny, 347	MON	04:28.06	4	737		
6	VAN DER MERWE,Nel, 309	MEN	04:28.26	3	736		
7	RAYI,Vuyo, 446	PRECOL	04:28.75	2	733		
8	MMALOKWA,Sifiso, 436	PRECOL	04:29.03	1	731		
9	THWALA,Sibonokuhle, 450	PRECOL	04:30.17	0	725		
10	DICK,Claudeo, 731	ZWK	04:38.46	0	680		
11	VA NIEKERK,Dilan, 59	CENT	04:39.64	0	675		
12	RANGANE,Katlego, 444	PRECOL	04:41.84	0	664		
13	CILLIERS ,Arno, 199	HELP	04:46.74	0	640		
14	DU PLESSIS,Ryan, 980	AHU	04:49.71	0	626		
15	VAN ROOYEN,Diwan, 741	ZWK	04:50.08	0	625		
16	SEDISE,Tsepo, 475	P TEC	04:54.71	0	604		
17	MASHAKA,Nyiko, 356	NEDB	04:55.56	0	600		
18	MAMETSE,Ofentse, 923	P IND	04:56.41	0	596		
19	KOCH,Hanru, 979	P UIT	05:07.63	0	550		
20	DONKIN,Joel, 454	PBHS	05:07.75	0	550		
21	VAN DER MERWE,Adriaan, 983	AHU	05:09.34	0	544		
Item 6 10:46 Final Girls 17 1500m							

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	GAIT-SMITH,Gabriella, 87	DAIN	04:34.70	8	823	G	
2	KRUGER,Chanelle, 926	MC	04:52.51	7	736	S	
3	NJUBANE,Makgotso, 416	PRECOL	05:00.62	6	701	B	
4	VISSER,Nicole, 168	GAR	05:07.02	5	676		
5	MANYONI,Bongekile, 682	UTR	05:15.18	4	645		
6	DURIE,Kara, 44	CENT	05:15.78	3	643		
7	TWALA,Khanyisile, 421	PRECOL	05:19.44	2	630		
8	VILJOEN,Lindie, 50	CENT	05:34.47	1	580		
9	MINNIE,Kayla, 376	NHW	05:44.10	0	550		
10	ROUX,Roux-che, 726	ZWK	05:44.73	0	548		
11	NXUMALO,Tebogo, 965	P UIT	07:03.49	0	358		
12	POLE,Mohau, 222	HTST	07:34.14	0	301		

Item 7 10:54 Final Boys 17 1500m

1	BOWERS,Jason, 539	P UIT	03:58.37	8	905	G	
2	VAN NIEKERK,Wian, 312	MEN	03:58.87	7	901	S	
3	MASONDO,Sanele, 685	UTR	04:00.53	6	887	B	
4	MONYEBODI,Kgadi, 439	PRECOL	04:07.99	5	830		
5	KACHERE ,Alex, 627	SUC	04:09.18	4	822		
6	MAJA,Kabelo, 432	PRECOL	04:12.66	3	798		
7	SMITH,Gareth, 58	CENT	04:14.18	2	788		
8	FICK,Leonard, 995	P UIT	04:15.61	1	779		
9	ZWANE,Sanele, 361	NEDB	04:16.09	0	776		
10	PRETORIUS,Armin, 56	CENT	04:16.35	0	774		
11	HUNTER,Keagan, 134	ELDO	04:18.08	0	763		
12	MOKONE,Thabang, 686	UTR	04:24.69	0	724		
13	LEBOHO,Willie, 428	PRECOL	04:25.46	0	720		
14	SEGUROLA,Martin, 96	DAIN	04:27.90	0	706		
15	CONRNELISSEN,Danie, 170	GAR	04:28.06	0	705		
16	NEL,Wandre, 736	ZWK	04:30.51	0	692		
17	VAN DYK,Christiaan, 310	MEN	04:35.12	0	668		
18	KHOZA,Themba, 354	NEDB	04:37.21	0	657		
19	PABAYA,Khaya, 360	NEDB	04:40.37	0	642		
20	VAN WYK,Aj, 969	P UIT	04:45.14	0	620		
21	REITZ,Dawie, 174	GER M	04:48.89	0	603		
22	MUNNIK,Andy, 922	P IND	04:50.72	0	595		
23	MAGWVANA,Qhawe, 467	PBHSIN	05:14.46	0	500		

Item 8 11:02 Final Girls 19 1500m

1	DU TOIT,Nadya, 648	TUKS	04:48.16	8	751	G	
2	STICKELLS,Izabel, 532	P UIT	04:51.93	7	734	S	
3	BOON,Rhode, 480	PUK	04:53.83	6	725	B	
4	RYBNIKNA,Charlene, 46	CENT	05:09.30	5	663		
5	VAN WYK,Lizeth, 14	AHMP	05:16.81	4	635		
6	NKOADE,Palesa, 417	PRECOL	06:15.76	3	460		

Item 9 11:10 Final Boys 19 1500m

1	SWART,Chris, 992	P UIT	03:54.94	8	893	G	
2	VAN NIEKERK,Rickus, 311	MEN	03:55.65	7	887	S	
3	MULOTSI,Koos, 687	UTR	03:56.51	6	880	B	
4	NDLOVU,Nhloso, 947	P UIT	03:56.90	5	877		
5	KOEKEMOER,Travis, 320	MC	03:59.35	4	857		
6	BALOYI,Ndzalo, 19	AKA	04:07.73	3	797		
7	VAN DE WESTHUIZEN,Donald, 994	P UIT	04:13.97	2	756		
8	STASSEN ,Dylan, 970	P UIT	04:19.03	1	726		
9	KHUMALO,Shane, 997	P UIT	04:23.89	0	698		
10	GERBER,Koilyn, 971	P UIT	04:30.70	0	662		
11	UYS,Franco, 608	STA	04:55.28	0	550		

Item 91 14:35 FinalResults Girls 15 90m Hurdles

1	MARNITZ,Army, 30	BEN V	13.33	8	920	G	76.2cm
2	VAN NIEKERK,Hannah, 195	HELP	13.59	7	896	S	
3	VENTER,Logan, 113	DRM	13.77	6	880	B	

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4	BRONKHORST,Cara, 187	HELP	13.82	5	875		
5	JV RENSBURG,Celia, 189	HELP	13.99	4	861		
6	MIYA,Olwewthu, 978	P UIT	16.79	3	678		
7	DU PREEZ,Ane, 483	P IND	16.92	2	672		
8	ASSEGAI,Rochanney, 209	HOT	17.95	1	622		
9	OLEBOENG,Princess, 100	DIF	19.23	0	567		
Item 84 14:10 FinalResults Boys 15 100m Hurdles					84cm		
1	JANSE VAN RENSBURG,Carl, 201	HELP	13.21	8	906	G	
2	VAN DER LITH,Zander, 241	KEMP	14.09	7	814	S	
3	DONALDSON,Lloyd, 453	PBHS	15.76	6	679	B	
4	KHUMALO,Baphiwe, 494	P IND	16.03	5	660		
5	STEENKAMP,Liam, 739	ZWK	16.17	4	651		
Item 87 14:25 FinalResults Girls 17 100m Hurdles					76.2cm		
1	VAN GREUNEN,EL-MARIE, 778	P UIT	14.63	8	858	G	
2	BEZUIDENHOUT,Chazel, 289	MEN	14.70	7	853	S	
3	COMPAAAN,Milla, 292	MEN	14.73	6	850	B	
4	MOKOLANE,Reabetsoe, 411	PRECOL	15.19	5	816		
5	HATTING,Rozelle, 294	MEN	15.66	4	784		
6	PIETERSON,Carla, 316	M IND	16.38	3	740		
Item 85 14:20 Final Girls 19 100m Hurdles					+2.3 84cm		
1	VAN DER MWERWE,Antonette, 133	ELDO	13.86	8	940	G	
2	OLCKERS,CHARNE-LEE, 770	AHU	14.93	7	849	S	
3	DU PREEZ,Anneke, 647	TUKS	15.27	6	824	B	
Item 82 14:02 FinalResults Boys 17 110m Hurdles					91.4cm		
1	STRAUSS,Reynard, 308	MEN	13.77	8	935	G	
2	GROBLER,Gerhard, 116	DRIE	14.04	7	904	S	
3	COETZEE,Dylan, 302	MEN	14.06	6	902	B	
4	BANGUE,Jorim, 451	PBHS	14.09	5	898		
5	DE BEER,Tokkie, 489	P IND	14.62	4	845		
6	KANGALA,Mbasa, 20	AKA	14.97	3	812		
7	MAGUTLE,Thabiso, 237	KAN	15.41	2	775		
8	MULLLER,Gerardt, 662	TUKS	15.58	1	761		
9	MOREHEN,Keegan, 735	ZWK	15.70	0	752		
10	KOLOANE,Dimpho, 427	PRECOL	16.13	0	720		
11	MEYER,Jp, 186	HART	16.95	0	664		
12	VAN DER WALT,Shaun, 740	ZWK	17.01	0	660		
13	SIBIYA,NHLANHLA, 763	P UIT	22.02	0	420		
Item 79 13:55 FinalResults Boys 19 110m Hurdles					99.5cm		
1	SCHOEMAN,Michael, 306	MEN	13.88	8	940	G	
2	RICHTER,Rudolf, 663	TUKS	14.06	7	918	S	
3	VAN DER WALT,Roelof, 665	TUKS	14.26	6	896	B	
4	MOJAPELO,Itumeleng, 184	GROB	16.88	5	680		
0	THOMO,Zakhele, 573	RYN	Disq	0	0		
Item 39 12:30 Final Girls 15 HighJump							
1	BOTHA,MICKYLA, 811	OOSM	1.60	8	690	G	
2	NAUDE,KAYLEE, 757	AHU	1.55	7	630	S	
3	MAGORO,Bonolo, 403	PRECOL	1.45	6	510	B	
4	VAN DER WESTHUIZEN,Lilo, 194	HELP	1.45	5	510		
Item 67 13:30 Final Boys 15 HighJump							
1	ANNANDALE ,Connor, 197	HELP	1.80	8	690	G	
2	JONNOU,Joel, 54	CENT	1.75	7	640	S	
2	JANSE VAN RENSBURG,Carl, 201	HELP	1.75	7	640	S	
4	MAKUNIKE,Tino, 602	STA	1.75	5	640		
5	KYLE,Engelbrecht, 474	P NORD	1.70	4	590		
5	MTHEMBU,Asande, 440	PRECOL	1.70	4	590		
8	MINSTER,Jordan, 462	PBHS	1.50	1	370		
8	DONALDSON,Lloyd, 453	PBHS	1.50	1	370		
10	ZWANE,Delise, 43	CAR J	1.35	0	200		
7	HASSIM,Raymon, 614	ST BEN	1.65	2	530		
Item 2 10:30 Final Girls 17 HighJump							

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	DU PLESSIS,Carla, 176	GLEN	1.60	8	640	G	
2	WHITTINGTON,Nicole, 37	BOKS	1.55	7	580	S	
3	HORNE,Sarine, 127	ELDO	1.55	6	580	B	
4	BASSON,Mikayla, 313	M IND	1.50	5	520		
5	SPENCER-YOUNG,Megan, 90	DAIN	1.50	4	520		
6	MOOKETSI,Bobolo, 982	AHU	1.30	3	280		
Item 16 11:30 Final Boys 17 HighJump							
1	NZOMBE,Tanaka, 951	P UIT	2.00	8	810	G	
2	OOSTHUIZEN,Jacques, 943	P UIT	1.90	7	710	S	
3	BRONKHORST,RUAN,	P UIT	1.85	6	660	B	
4	HARTELL,Boris, 423	PRECOL	1.80	5	610		
5	ADEDOKUN,Peace, 950	P UIT	1.75	4	560		
6	AFRIKA,Raylin, 267	LYT	1.65	3	450		
7	NJAWAYA,Robert, 70	CCC	1.65	2	450		
8	MHLANGA,NTSAKO, 748	P UIT	1.65	1	450		
Item 88 14:30 Final Girls 19 HighJump							
1	CARMEN,BRITZ, 783	P UIT	1.60	8	600	G	
2	MASHILO,Kega, 407	PRECOL	1.45	7	420	S	
Item 119 15:30 Final Boys 19 HighJump							
1	FOURIE,ENRIQUE, 788	P IND	2.03	8	773	G	
2	PLATT,Keenan, 22	AKA	2.00	7	750	S	
3	MASHISI,KATLEGO, 790	AKA	1.90	6	650	B	
4	BANDA,SAMKELO, 755	P UIT	1.75	5	500		
5	MANAMELA,ESROM, 780	AHU	1.55	4	290		
Item 4 10:45 Final Girls 15 LongJump							
1	BRONKHORST,Cara, 187	HELP	5.05	8	643	G	-5.0
2	MANGAVA,Keisha, 406	PRECOL	4.87	7	576	S	-2.4
3	LAUBSCHER,Andrea, 191	HELP	4.81	6	553	B	-5.7
4	STRYDOM,Hailey, 584	SHAL	4.67	5	500		-1.2
5	MOLEFE,Palesa, 412	PRECOL	4.39	4	396		-3.9
6	BELEBESI,Kamohelo, 977	P UIT	4.20	3	320		-4.1
7	MIYA,Olwewthu, 978	P UIT	3.93	2	215		-2.0
Item 5 10:45 Final Boys 15 LongJump							
1	SHABANGU,Tikana, 447	PRECOL	6.40	8	737	G	+1.3
2	KYLE,Engelbrecht, 474	P NORD	5.78	7	550	S	+1.4
3	NDLOVU,Denzel, 442	PRECOL	5.76	6	543	B	+2.0
4	NHALPO,Hloni, 235	JOH	5.37	5	420		+1.8
5	DUVENHAGE,Liam, 924	P IND	4.51	4	136		+1.3
6	MABULA,Lehlohonolo, 223	HTST	4.16	3	16		+2.0
7	ZWANE,Delise, 43	CAR J	4.11	2	0		+1.7
Item 53 13:06 Final Girls 17 LongJump							
1	GERBER,JoanE, 3	AHU	5.57	8	736	G	-6.4
2	SHABANGU,Banele, 419	PRECOL	5.24	7	620	S	-4.2
3	PIETERSON,Carla, 316	M IND	4.94	6	513	B	-3.9
4	CHETTY,NICOLE, 768	P UIT	4.87	5	488		-7.7
5	DU PLESSIS,Carla, 176	GLEN	4.82	4	470		-2.1
6	MAAKE,Tshegofatso, 942	P UIT	4.39	3	313		-6.2
7	NELUHENI,Ntsakos, 266	LYT	4.28	2	272		-7.5
8	DLIWAYO,Lysette, 939	P UIT	4.00	1	164		-2.4
9	SHABANGU,Simphiwe, 671	UIT	3.93	0	136		-8.2
10	PROLLIUS,Chante, 45	CENT	3.86	0	108		-3.0
Item 52 13:00 Final Boys 17 LongJump							
2	NGOBE,Thulane, 617	ST BEN	6.60	7	705	S	+1.7
3	SHOBA,Sanele, 448	PRECOL	6.52	6	682	B	+2.1
4	DE BRUYN,MARNUS,	CURHA	6.34	5	631		+1.9
5	KGOMO,Kgabo, 968	P UIT	6.26	4	606		+1.0
6	HLOPHE,Akhona, 207	HER	6.09	3	557		+1.8
7	MATEYISI,Phillsa, 461	PBHS	5.71	2	443		+2.6
8	KANDORO,Elshammah, 457	PBHS	5.69	1	437		+0.2

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Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
9	SEREMANE,Gomolemo, 229	HTST	5.60	0	410		+1.9
10	TYAPILE,Siphosihle, 688	V BIL	5.45	0	365		+0.5
11	MWEZO,Oko, 268	LYT	5.39	0	346		+2.2
12	MDHLULI,Sean-paul, 225	HTST	5.30	0	320		+1.1
13	KIRKCALDY,Nicholas, 600	STA	5.25	0	303		+1.7
14	MODISELLE,Tshiamo, 226	HTST	5.17	0	277		+2.8
1	RAMOKGOPA,NOLO,	PRECOL	6.94	8	802	G	+2.5
Item 20 11:45 Final Girls 19 LongJump							
2	MAAKE,Ofentse, 999	P UIT	5.28	7	566	S	-7.5
3	MAKONI,Bethel, 652	TUKS	5.14	6	516	B	-6.4
4	MASHILO,Kega, 407	PRECOL	4.86	5	420		-6.3
5	VAN DER MERWE,Esmarie, 48	CENT	4.80	4	400		-7.2
1	BOTHA,KYRA, 989	OOSM	5.34	8	586	G	-7.4
Item 21 11:45 Final Boys 19 LongJump							
1	CHIKOMBA,Tafadzwa, 178	GOLD	7.36	8	850	G	+1.3
2	GAINES,Mark, 680	UKZN	7.32	7	840	S	+1.9
3	MIYA,Sifiso, 434	PRECOL	7.23	6	814	B	+2.9
4	LE ROUX,Christie, 658	TUKS	7.06	5	768		+1.3
5	SHABANGU,Matome, 664	TUKS	6.77	4	687		+2.7
6	LEHLAGONOLO,S, 2281	TUKS	6.54	3	622		+0.9
7	LINDE,Marnus, 659	TUKS	6.40	2	583		+1.0
8	MUTEMI,Tatenda, 180	GOLD	6.36	1	571		+1.7
9	MOKWENA,OFENTSE, 814	P UIT	6.17	0	517		+1.7
10	WASHAYA,Kyle, 517	P IND	6.15	0	511		+1.8
11	NGCELWANE,Thando, 621	ST DUN	6.14	0	508		+1.3
12	MOJAPELO,Itumeleng, 184	GROB	5.93	0	448		+1.5
13	NEL,Sheldon, 505	P IND	5.75	0	396		+0.8
14	MAILULA,Thabo, 431	PRECOL	5.74	0	393		+2.0
15	NGANDU,Elliel, 676	UIT	5.58	0	346		+1.3
16	ADAMS,Jonty, 613	ST BEN	4.19	0	0		+2.3